

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Mondays to Fridays

| Operator | EM | EM | XC | XC | EM | LE | XC | XC | EM | XC | XC | EM | LE | XC | XC | EM | XC |
|--|------|------|------|------|------|-------|------|-------|------|------|-------|------|------|-------|-------|------|------|
| Train ID | 1L01 | 2E01 | 1L26 | 1K01 | 1L02 | 2L71 | 1L28 | 1K03 | 1L04 | 1L30 | 1K05 | 1L05 | 2L73 | 1L98 | 1K07 | 1L06 | 1L34 |
| Days of operation/Notes | A | B | ◇ | ◇ | C | | ◇ | ◇ | | ◇ | ◇ | | | D | ◇ | E | ◇ |
| 1st Class/Reservations/Bus Catering facilities | | | | | | | ⚡ | ⚡ | | ⚡ | ⚡ | | | | | | ⚡ |
| Liverpool Lime Street (LIV) | 10 d | | | | | | | | | | | | | | | | 0647 |
| Liverpool South Parkway (LPY) | 7 d | | | | | | | | | | | | | | | | 0657 |
| Widnes (WID) | d | | | | | | | | | | | | | | | | 0707 |
| Warrington Central (WAC) | d | | | | | | | | | | | | | | | | 0715 |
| Manchester Oxford Road (MCO) | d | | | | | | | | | | | | | | | | 0738 |
| Manchester Piccadilly (MAN) | 10 d | | | | | | | | | | | | | | | | 0742 |
| Stockport (SPT) | d | | | | | | | | | | | | | | | | 0754 |
| Sheffield (SHF) | 7 a | | | | | | | | | | | | | | | | 0836 |
| Sheffield (SHF) | 7 d | | | | | | | | | | | 0744 | | | | | 0840 |
| Chesterfield (CHD) | d | | | | | | | | | | | 0758 | | | | | 0854 |
| Alfreton (ALF) | d | | | | | | | | | | | 0808 | | | | | 0904 |
| Langley Mill (LGM) | d | | | | | | | | | | | 0815 | | | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | 0822 | | | | | |
| Nottingham (NOT) | 8 a | | | | | | | | | | | 0834 | | | | | 0930 |
| Nottingham (NOT) | 8 d | 0456 | 0513 | | 0607 | | | | 0741 | | | 0840 | | | | | 0940 |
| Grantham (GRA) | 7 d | | 0557 | | | | | | 0812 | | | 0910 | | | | | 1012 |
| Birmingham New Street (BHM) | 12 d | | | 0519 | 0552 | | 0622 | 0652 | | 0722 | 0752 | | | 0822 | 0852 | | 0922 |
| Water Orton (WTO) | d | | | | | | | | | | | | | | 0903 | | |
| Coleshill Parkway (CEH) | d | | | 0533 | 0606 | | 0636 | 0706 | | 0735 | 0806 | | | 0836 | 0907 | | 0936 |
| Nuneaton (NUN) | d | | | 0549 | 0621 | | 0651 | 0724c | | 0750 | 0824c | | | 0853e | 0924e | | 0951 |
| Hinckley (HNK) | d | | | 0555 | 0628 | | | 0730 | | 0757 | 0830 | | | | 0930 | | |
| Narborough (NBR) | d | | | 0604 | 0636 | | | 0739 | | 0805 | 0839 | | | | 0939 | | |
| South Wigston (SWS) | d | | | | 0641 | | | 0744 | | 0810 | 0844 | | | | | | |
| Leicester (LEI) | a | | | 0614 | 0648 | | 0710 | 0753 | | 0817 | 0851 | | | 0913 | 0950 | | 1013 |
| Leicester (LEI) | d | | | 0615 | | | 0714 | | | 0818 | | | | 0914 | | | 1015 |
| Melton Mowbray (MMO) | d | 0536 | | 0631 | | 0655e | 0730 | | | 0837 | | | | 0931 | | | 1032 |
| Oakham (OKM) | d | 0549 | | 0643 | | 0707 | 0742 | | | 0849 | | | | 0942 | | | 1043 |
| Stamford (SMD) | d | 0605 | | 0657 | | 0721 | 0756 | | | 0903 | | | | 0956 | | | 1057 |
| Peterborough (PBO) | 8 a | 0621 | 0626 | 0710 | | 0736 | | 0809 | 0840 | 0916 | | 0938 | | 1010 | | 1040 | 1111 |
| Peterborough (PBO) | 8 d | 0627 | | 0713 | | 0739 | 0750 | 0819 | 0841 | 0919 | | 0941 | 0950 | 1012 | | 1045 | 1116 |
| March (MCH) | a | 0643 | | 0731 | | 0754 | 0809 | 0834 | | 0934 | | | 1009 | 1028 | | | 1131 |
| Ely (ELY) | 4 a | 0701 | | 0753 | | 0812 | 0830 | 0853 | 0919 | 0952 | | 1014 | 1031 | 1049 | | 1119 | 1149 |
| Cambridge (CBG) | a | | | 0808 | | | | 0913 | | 1010 | | | | 1105 | | | 1205 |
| Stansted Airport (SSD) | ← a | | | 0841 | | | | 0944 | | 1041 | | | | 1141 | | | 1241 |
| Bury St Edmunds (BSE) | a | | | | | | 0858 | | | | | | 1059 | | | | |
| Stowmarket (SMK) | a | | | | | | 0914 | | | | | | 1115 | | | | |
| Ipswich (IPS) | a | | | | | | 0926 | | | | | | 1128 | | | | |
| Thetford (TTF) | a | 0729 | | | 0838 | | | | 0943 | | | 1039 | | | | | 1143 |
| Norwich (NRW) | a | 0811 | | | 0915 | | | | 1014 | | | 1110 | | | | | 1214 |

For the complete service between Liverpool, Warrington Central and Manchester see table 86

For the complete service between Manchester and Sheffield see table 96

For the complete service between Sheffield and Nottingham see table 53

For the complete service between Nottingham and Grantham see table 58

For the complete service between Peterborough, Ely, Cambridge, Stansted Airport and Norwich see table 13

For the complete service between Peterborough, Ely and Ipswich see table 12

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 4 minutes earlier
- e Arrives 3 minutes earlier

A Also calls at Loughborough 0511, Brandon 0720, Attleborough 0743 and Wymondham 0750

B Also calls at Bingham 0528, Aslockton 0532 and Bottesford 0539

C Also calls at East Midlands Parkway 0620, Loughborough 0628, Attleborough 0852 and Wymondham 0859

D From Bristol Temple Meads, see table 132

E Also calls at Birchwood 0720 and Dore & Trolley 0828

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Mondays to Fridays

| Operator | EM | LE | XC | XC | EM | XC | XC | EM | LE | XC | XC | EM | XC | XC | EM | LE | XC |
|--|------|------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|
| Train ID | 1L07 | 2L75 | 1K09 | 1L36 | 1L08 | 1K11 | 1L38 | 1L09 | 2L77 | 1K13 | 1L40 | 1L10 | 1K15 | 1L42 | 1L11 | 2L79 | 1K17 |
| Days of operation/Notes 1st Class/Reservations/Bus Catering facilities | F | | ◇ | ◇ | | ◇ | ◇ | | | ◇ | ◇ | | ◇ | ◇ | | | ◇ |
| Liverpool Lime Street (LIV) | 10 d | 0742 | | | | | | 0951 | | | | 1051 | | | 1151 | | |
| Liverpool South Parkway (LPY) | 7 d | 0753 | | | | | | 1002 | | | | 1102 | | | 1202 | | |
| Widnes (WID) | d | 0805 | | | | | | 1010 | | | | 1110 | | | 1210 | | |
| Warrington Central (WAC) | d | 0813 | | | | | | 1018 | | | | 1118 | | | 1218 | | |
| Manchester Oxford Road (MCO) | d | 0838 | | | | | | 1038 | | | | 1138 | | | 1238 | | |
| Manchester Piccadilly (MAN) | 10 d | 0843 | | | | | | 1042 | | | | 1142 | | | 1242 | | |
| Stockport (SPT) | d | 0854 | | | | | | 1054 | | | | 1154 | | | 1254 | | |
| Sheffield (SHF) | 7 a | 0934 | | | | | | 1135 | | | | 1234 | | | 1335 | | |
| Sheffield (SHF) | 7 d | 0940 | | | | | | 1140 | | | | 1240 | | | 1340 | | |
| Chesterfield (CHD) | d | 0954 | | | | | | 1155 | | | | 1254 | | | 1354 | | |
| Alfreton (ALF) | d | 1004 | | | | | | 1205 | | | | 1305 | | | 1405 | | |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Ilkeston (ILN) | d | 1014 | | | | | | | | | | | | | | | |
| Nottingham (NOT) | 8 a | 1032 | | | | | | 1233 | | | | 1333 | | | 1434 | | |
| Nottingham (NOT) | 8 d | 1040 | | | 1140 | | | 1239 | | | | 1340 | | | 1440 | | |
| Grantham (GRA) | 7 d | 1111 | | | 1212 | | | 1311 | | | | 1412 | | | 1512 | | |
| Birmingham New Street (BHM) | 12 d | | 0952 | 1022 | | 1052 | 1122 | | | 1152 | 1222 | | 1252 | 1322 | | | 1352 |
| Water Orton (WTO) | d | | | | | 1103 | | | | | | | 1303 | | | | |
| Coleshill Parkway (CEH) | d | | 1009 | 1036 | | 1107 | 1136 | | | 1209 | 1236 | | 1307 | 1336 | | | 1409 |
| Nuneaton (NUN) | d | | 1024 | 1051 | | 1124 | 1151 | | | 1224 | 1251 | | 1324e | 1351 | | | 1424 |
| Hinckley (HNK) | d | | 1030 | | | 1130 | | | | 1230 | | | 1330 | | | | 1430 |
| Narborough (NBR) | d | | 1039 | | | 1139 | | | | 1239 | | | 1339 | | | | 1439 |
| South Wigston (SWS) | d | | 1044 | | | 1144 | | | | 1244 | | | | | | | 1444 |
| Leicester (LEI) | a | | 1051 | 1112 | | 1151 | 1210 | | | 1250 | 1310 | | 1351 | 1410 | | | 1451 |
| Leicester (LEI) | d | | | 1113 | | | 1212 | | | | | 1312 | | | 1412 | | |
| Melton Mowbray (MMO) | d | | | 1130 | | | 1228 | | | | | 1328 | | | 1428 | | |
| Oakham (OKM) | d | | | 1141 | | | 1240 | | | | | 1340 | | | 1440 | | |
| Stamford (SMD) | d | | | 1155 | | | 1254 | | | | | 1354 | | | 1454 | | |
| Peterborough (PBO) | 8 a | 1140 | | 1209 | 1241 | | 1307 | 1339 | | | | 1407 | 1440 | | 1507 | 1539 | |
| Peterborough (PBO) | 8 d | 1141 | 1150 | | 1215 | 1243 | | 1316 | 1341 | 1350 | | 1416 | 1441 | | 1516 | 1541 | 1550 |
| March (MCH) | a | | 1209 | | 1230 | | | 1331 | | 1409 | | 1431 | | | 1531 | | 1609 |
| Ely (ELY) | 4 a | 1213 | 1231 | | 1248 | 1315 | | 1350 | 1413 | 1431 | | 1449 | 1514 | | 1549 | 1614 | 1631 |
| Cambridge (CBG) | a | | | 1305 | | | 1405 | | | | | 1505 | | | 1605 | | |
| Stansted Airport (SSD) | ← a | | | 1341 | | | 1441 | | | | | 1541 | | | 1641 | | |
| Bury St Edmunds (BSE) | a | | 1259 | | | | | | 1459 | | | | | | | | 1659 |
| Stowmarket (SMK) | a | | 1315 | | | | | | 1515 | | | | | | | | 1715 |
| Ipswich (IPS) | a | | 1328 | | | | | | 1528 | | | | | | | | 1729 |
| Thetford (TTF) | a | 1240 | | | 1341 | | | 1438 | | | | 1538 | | | 1639 | | |
| Norwich (NRW) | a | 1314 | | | 1411 | | | 1508 | | | | 1611 | | | 1712 | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 3 minutes earlier

F Also calls at Hunts Cross 0759 and Birchwood 0818

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Mondays to Fridays

| Operator | XC | XC | XC | EM | LE | XC | XC | XC | EM | XC | XC | XC | EM | LE | XC | XC | XC |
|--|------|------|-------------------|------|------|------|------|------|-----------|------|-------------------|------|-----------|-----------|-----------|-------------------|------|
| Train ID | 1L44 | 1K19 | 1L46 | 1L13 | 2L81 | 1K21 | 1K23 | 1L48 | 1L14 G | 1L49 | 1K35 | 1L50 | 1L15 H | 2L83 K | 1M73 J | 1K25 | 1L52 |
| Days of operation/Notes 1st Class/Reservations/Bus Catering facilities | 1◇ | 1◇ | 1◇ | | | 1◇ | 1◇ | 1◇ | | 1◇ | 1◇ | 1◇ | | | 1◇ | 1◇ | 1◇ |
| Liverpool Lime Street (LIV) | 10 d | | | 1351 | | | | | 1451 | | | | 1551 | | | | |
| Liverpool South Parkway (LPY) | 7 d | | | 1402 | | | | | 1502 | | | | 1602 | | | | |
| Widnes (WID) | d | | | 1410 | | | | | 1510 | | | | 1610 | | | | |
| Warrington Central (WAC) | d | | | 1418 | | | | | 1518 | | | | 1618 | | | | |
| Manchester Oxford Road (MCO) | d | | | 1438 | | | | | 1538 | | | | 1638 | | | | |
| Manchester Piccadilly (MAN) | 10 d | | | 1442 | | | | | 1542 | | | | 1642 | | | | |
| Stockport (SPT) | d | | | 1454 | | | | | 1554 | | | | 1654 | | | | |
| Sheffield (SHF) | 7 a | | | 1534 | | | | | 1634 | | | | 1739 | | | | |
| Sheffield (SHF) | 7 d | | | 1540 | | | | | 1640 | | | | 1745 | | | | |
| Chesterfield (CHD) | d | | | 1555 | | | | | 1656 | | | | 1801 | | | | |
| Alfreton (ALF) | d | | | 1606 | | | | | 1706 | | | | 1811 | | | | |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | | | |
| Nottingham (NOT) | 8 a | | | 1633 | | | | | 1729 | | | | 1833 | | | | |
| Nottingham (NOT) | 8 d | | | 1639 | | | | | 1738 | | | | 1840 | | | | |
| Grantham (GRA) | 7 d | | | 1712 | | | | | 1815 | | | | 1912 | | | | |
| Birmingham New Street (BHM) | 12 d | 1422 | 1452 | 1522 | | | 1552 | 1609 | 1622 | | 1652 | 1709 | 1722 | | 1749 | 1752 | 1822 |
| Water Orton (WTO) | d | | 1503 | | | | | 1620 | | | | 1720 | | | 1759 | 1803 | |
| Coleshill Parkway (CEH) | d | 1436 | 1508 | 1536 | | | 1605 | 1624 | 1636 | | 1706 | 1724 | 1736 | | | 1807 | 1836 |
| Nuneaton (NUN) | d | 1451 | 1524 ^e | 1551 | | | 1624 | 1640 | 1651 | | 1725 ^f | 1740 | 1751 | | | 1824 ^e | 1851 |
| Hinckley (HNK) | d | | 1530 | | | | 1630 | 1647 | | | 1732 | 1747 | 1757 | | | 1830 | |
| Narborough (NBR) | d | | 1539 | | | | 1639 | 1655 | | | 1743 | | 1806 | | | 1839 | |
| South Wigston (SWS) | d | | 1544 | | | | 1644 | | | | | 1759 | | | | 1844 | |
| Leicester (LEI) | a | 1510 | 1551 | 1610 | | | 1651 | 1708 | 1712 | | 1754 | 1806 | 1816 | | | 1852 | 1914 |
| Leicester (LEI) | d | 1512 | | 1612 | | | | | 1713 | | 1756 | | 1818 | | | | 1915 |
| Melton Mowbray (MMO) | d | 1528 | | 1628 | | | | | 1730 | | 1816 | | 1834 | | | | 1932 |
| Oakham (OKM) | d | 1540 | | 1640 | | | | | 1741 | | 1827 | | 1846 | | | | 1943 |
| Stamford (SMD) | d | 1554 | | 1654 | | | | | 1755 | | 1841 | | 1900 | | | | 1957 |
| Peterborough (PBO) | 8 a | 1607 | | 1707 | 1741 | | | | 1809 | 1843 | 1855 | | 1913 | 1940 | | | 2011 |
| Peterborough (PBO) | 8 d | 1620 | | 1716 | 1743 | 1750 | | | 1813 | 1845 | 1900 | | 1916 | 1942 | 1950 | | 2016 |
| March (MCH) | a | 1635 | | 1734 | | 1809 | | | 1828 | 1900 | 1915 | | 1931 | | 2009 | | 2031 |
| Ely (ELY) | 4 a | 1653 | | 1756 | 1817 | 1831 | | | 1849 | 1919 | 1935 | | 1951 | 2015 | 2031 | | 2049 |
| Cambridge (CBG) | a | 1709 | | 1812 | | | | | 1905 | | 1951 | | 2009 | | | | 2106 |
| Stansted Airport (SSD) | ← a | 1741 | | 1854 | | | | | 1941 | | | | 2041 | | | | 2141 |
| Bury St Edmunds (BSE) | a | | | | 1859 | | | | | | | | | | 2059 | | |
| Stowmarket (SMK) | a | | | | 1915 | | | | | | | | | | 2115 | | |
| Ipswich (IPS) | a | | | | 1928 | | | | | | | | | | 2128 | | |
| Thetford (TTF) | a | | | 1841 | | | | | 1946 | | | | 2039 | | | | |
| Norwich (NRW) | a | | | 1912 | | | | | 2019 | | | | 2111 | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 3 minutes earlier
- f Arrives 5 minutes earlier

G Also calls at Dronfield 1650, Bingham 1752 and Aslockton 1756

H Also calls at Chinley 1709, Dore & Totley 1733 and Dronfield 1755

J From Cardiff Central, see table 132. Also calls at Wilnecote 1808, Tamworth 1812, Burton-On-Trent 1823, Willington 1829, Derby 1843, Long Eaton 1851 and Beeston 1859

K To Colchester, see table 12

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Mondays to Fridays

| Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus | XC | XC | EM | LE | XC | XC | XC | XC |
|---|------|------|-----------|-----------|------|------|-------|------|
| | 1K27 | 1L54 | 1L17 L | 2L85 K | 1K29 | 1L56 | 1K31 | 1K33 |
| | ◇ | ◇ | | | ◇ | ◇ | ◇ | ◇ |
| Liverpool Lime Street (LIV) | 10 d | | 1751 | | | | | |
| Liverpool South Parkway (LPY) | 7 d | | 1802 | | | | | |
| Widnes (WID) | d | | 1810 | | | | | |
| Warrington Central (WAC) | d | | 1818 | | | | | |
| Manchester Oxford Road (MCO) | d | | 1838 | | | | | |
| Manchester Piccadilly (MAN) | 10 d | | 1842 | | | | | |
| Stockport (SPT) | d | | 1854 | | | | | |
| Sheffield (SHF) | 7 a | | 1935 | | | | | |
| Sheffield (SHF) | 7 d | | 1940 | | | | | |
| Chesterfield (CHD) | d | | 1954 | | | | | |
| Alfreton (ALF) | d | | 2005 | | | | | |
| Langley Mill (LGM) | d | | 2013 | | | | | |
| Ilkeston (ILN) | d | | | | | | | |
| Nottingham (NOT) | 8 a | | 2034 | | | | | |
| Nottingham (NOT) | 8 d | | 2040 | | | | | |
| Grantham (GRA) | 7 d | | 2112 | | | | | |
| Birmingham New Street (BHM) | 12 d | 1852 | 1922 | | 1952 | 2022 | 2052 | 2222 |
| Water Orton (WTO) | d | | | | 2003 | | | |
| Coleshill Parkway (CEH) | d | 1906 | 1936 | | 2007 | 2036 | 2106 | 2236 |
| Nuneaton (NUN) | d | 1921 | 1951 | | 2024 | 2051 | 2124c | 2251 |
| Hinckley (HNK) | d | 1928 | | | 2030 | | 2130 | 2258 |
| Narborough (NBR) | d | 1936 | | | 2039 | | 2139 | 2306 |
| South Wigston (SWS) | d | 1942 | | | 2044 | | 2144 | 2311 |
| Leicester (LEI) | a | 1950 | 2014 | | 2051 | 2115 | 2151 | 2318 |
| Leicester (LEI) | d | | 2015 | | | 2116 | | |
| Melton Mowbray (MMO) | d | | 2032 | | | 2132 | | |
| Oakham (OKM) | d | | 2043 | | | 2144 | | |
| Stamford (SMD) | d | | 2057 | | | 2158 | | |
| Peterborough (PBO) | 8 a | | 2111 | 2138 | | 2212 | | |
| Peterborough (PBO) | 8 d | | 2116 | 2140 | 2146 | 2219 | | |
| March (MCH) | a | | 2131 | | 2205 | 2234 | | |
| Ely (ELY) | 4 a | | 2149 | 2213 | 2226 | 2252 | | |
| Cambridge (CBG) | a | | 2205 | | | 2309 | | |
| Stansted Airport (SSD) | ← a | | 2241 | | | | | |
| Bury St Edmunds (BSE) | a | | | | 2254 | | | |
| Stowmarket (SMK) | a | | | | 2310 | | | |
| Ipswich (IPS) | a | | | | 2322 | | | |
| Thetford (TTF) | a | | | 2237 | | | | |
| Norwich (NRW) | a | | | 2315 | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 4 minutes earlier

- K To Colchester, see table 12
- L Also calls at Attleborough 2251 and Wymondham 2258

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Saturdays

| Operator | EM 2E01 | EM 1L01 | XC 1L26 | XC 1K01 | EM 1L02 | LE 2L71 | XC 1L28 | XC 1K03 | EM 1L04 | XC 1L30 | XC 1K05 | EM 1L05 | LE 2L73 | XC 1L00 | XC 1K07 | EM 1L06 | XC 1L34 |
|--|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Train ID | A | B | ◇ | ◇ | C | | ◇ | ◇ | | ◇ | ◇ | | | ◇ | ◇ | E | ◇ |
| Days of operation/Notes | | | | | | | | | | | | | | | | | |
| 1st Class/Reservations/Bus Catering facilities | | | | | | | | | | | | | | | | | |
| Liverpool Lime Street (LIV) | 10 d | | | | | | | | | | | | | | | 0647 | |
| Liverpool South Parkway (LPY) | 7 d | | | | | | | | | | | | | | | 0658 | |
| Widnes (WID) | d | | | | | | | | | | | | | | | 0707 | |
| Warrington Central (WAC) | d | | | | | | | | | | | | | | | 0715 | |
| Manchester Oxford Road (MCO) | d | | | | | | | | | | | | | | | 0738 | |
| Manchester Piccadilly (MAN) | 10 d | | | | | | | | | | | | | | | 0742 | |
| Stockport (SPT) | d | | | | | | | | | | | | | | | 0754 | |
| Sheffield (SHF) | 7 a | | | | | | | | | | | | | | | 0834 | |
| Sheffield (SHF) | 7 d | | | | | | | | | | | 0740 | | | | 0840 | |
| Chesterfield (CHD) | d | | | | | | | | | | | 0754 | | | | 0855 | |
| Alfreton (ALF) | d | | | | | | | | | | | 0805 | | | | 0906 | |
| Langley Mill (LGM) | d | | | | | | | | | | | 0812 | | | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | 0818 | | | | | |
| Nottingham (NOT) | 8 a | | | | | | | | | | | 0832 | | | | 0928 | |
| Nottingham (NOT) | 8 d | 0509 | 0500 | | | 0608 | | | 0745 | | | 0836 | | | | 0939 | |
| Grantham (GRA) | 7 d | 0551 | | | | | | | 0821 | | | 0910 | | | | 1011 | |
| Birmingham New Street (BHM) | 12 d | | | 0522 | 0552 | | | 0622 | 0652 | | 0722 | 0752 | | | 0822 | 0852 | 0922 |
| Water Orton (WTO) | d | | | | | | | | 0703 | | | | | | | 0903 | |
| Coleshill Parkway (CEH) | d | | | 0536 | 0606 | | | 0636 | 0707 | | 0736 | 0806 | | 0836 | 0907 | | 0936 |
| Nuneaton (NUN) | d | | | 0551 | 0624c | | | 0651 | 0724e | | 0751 | 0824c | | 0851 | 0924e | | 0951 |
| Hinckley (HNK) | d | | | | 0630 | | | | 0730 | | | 0830 | | | 0930 | | |
| Narborough (NBR) | d | | | | 0639 | | | | 0739 | | | 0839 | | | 0939 | | |
| South Wigston (SWS) | d | | | | 0644 | | | | 0744 | | | 0844 | | | | | |
| Leicester (LEI) | a | | | 0610 | 0650 | | | 0710 | 0750 | | 0811 | 0851 | | 0910 | 0950 | | 1010 |
| Leicester (LEI) | d | | | 0615 | | | | 0714 | | | 0813 | | | 0912 | | | 1012 |
| Melton Mowbray (MMO) | d | | 0542 | 0631 | | 0654 | | 0730 | | | 0829 | | | 0928 | | | 1028 |
| Oakham (OKM) | d | | 0554 | 0643 | | 0706 | | 0742 | | | 0841 | | | 0940 | | | 1040 |
| Stamford (SMD) | d | | 0607 | 0657 | | 0719 | | 0756 | | | 0855 | | | 0954 | | | 1054 |
| Peterborough (PBO) | 8 a | 0618 | 0625 | 0710 | | 0735 | | 0809 | | 0850 | 0909 | | 0936 | | 1007 | 1039 | 1107 |
| Peterborough (PBO) | 8 d | | 0628 | 0713 | | 0737 | 0750 | 0816 | | 0854 | 0916 | | 0945 | 0950 | 1015 | 1040 | 1116 |
| March (MCH) | a | | 0643 | 0731 | | 0754 | 0809 | 0831 | | | 0931 | | 1009 | 1030 | | | 1131 |
| Ely (ELY) | 4 a | | 0704 | 0753 | | 0814 | 0831 | 0849 | | 0928 | 0950 | | 1019 | 1031 | 1048 | 1113 | 1149 |
| Cambridge (CBG) | a | | | 0809 | | | | 0905 | | | 1005 | | | | 1104 | | 1205 |
| Stansted Airport (SSD) | a | | | 0841 | | | | 0941 | | | 1041 | | | | 1141 | | 1241 |
| Bury St Edmunds (BSE) | a | | | | | | 0859 | | | | | | | 1059 | | | |
| Stowmarket (SMK) | a | | | | | | 0915 | | | | | | | 1115 | | | |
| Ipswich (IPS) | a | | | | | | 0926 | | | | | | | 1128 | | | |
| Thetford (TTF) | a | | 0731 | | | 0839 | | | | 0952 | | | | 1043 | | | 1137 |
| Norwich (NRW) | a | | 0810 | | | 0916 | | | | 1025 | | | | 1113 | | | 1211 |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 4 minutes earlier
- e Arrives 3 minutes earlier

- A Also calls at Bingham 0523, Aslockton 0527 and Bottesford 0534
- B Also calls at East Midlands Parkway 0511, Loughborough 0519, Brandon 0723, Attleborough 0745 and Wymondham 0752
- C Also calls at East Midlands Parkway 0620, Loughborough 0629, Attleborough 0853 and Wymondham 0900
- D From Gloucester, see table 132
- E Also calls at Birchwood 0720 and Dore & Totley 0828

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Saturdays

| Operator | EM | LE | XC | XC | EM | XC | XC | EM | LE | XC | XC | EM | XC | XC | EM | LE | XC |
|--|------|------|------|------|------|-------|------|------|------|------|------|------|-------|------|------|------|------|
| Train ID | 1L07 | 2L75 | 1K09 | 1L36 | 1L08 | 1K11 | 1L38 | 1L09 | 2L77 | 1K13 | 1L40 | 1L10 | 1K15 | 1L42 | 1L11 | 2L79 | 1K17 |
| Days of operation/Notes 1st Class/Reservations/Bus Catering facilities | F | | ◇ | ◇ | | ◇ | ◇ | | | ◇ | ◇ | | ◇ | ◇ | | | ◇ |
| Liverpool Lime Street (LIV) | 10 d | 0742 | | | | | | 0952 | | | | 1051 | | | 1152 | | |
| Liverpool South Parkway (LPY) | 7 d | 0753 | | | | | | 1002 | | | | 1102 | | | 1202 | | |
| Widnes (WID) | d | 0805 | | | | | | 1010 | | | | 1110 | | | 1210 | | |
| Warrington Central (WAC) | d | 0813 | | | | | | 1018 | | | | 1118 | | | 1218 | | |
| Manchester Oxford Road (MCO) | d | 0838 | | | | | | 1038 | | | | 1138 | | | 1238 | | |
| Manchester Piccadilly (MAN) | 10 d | 0843 | | | | | | 1042 | | | | 1142 | | | 1242 | | |
| Stockport (SPT) | d | 0854 | | | | | | 1054 | | | | 1155 | | | 1255 | | |
| Sheffield (SHF) | 7 a | 0935 | | | | | | 1135 | | | | 1235 | | | 1335 | | |
| Sheffield (SHF) | 7 d | 0940 | | | | | | 1140 | | | | 1239 | | | 1340 | | |
| Chesterfield (CHD) | d | 0954 | | | | | | 1155 | | | | 1254 | | | 1354 | | |
| Alfreton (ALF) | d | 1004 | | | | | | 1205 | | | | 1304 | | | 1405 | | |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Ilkeston (ILN) | d | 1015 | | | | | | 1215 | | | | 1314 | | | | | |
| Nottingham (NOT) | 8 a | 1029 | | | | | | 1228 | | | | 1327 | | | 1429 | | |
| Nottingham (NOT) | 8 d | 1034 | | | 1133 | | | 1234 | | | | 1333 | | | 1434 | | |
| Grantham (GRA) | 7 d | 1106 | | | 1213 | | | 1310 | | | | 1411 | | | 1513 | | |
| Birmingham New Street (BHM) | 12 d | | 0952 | 1022 | | 1052 | 1122 | | | 1152 | 1222 | | 1252 | 1322 | | | 1352 |
| Water Orton (WTO) | d | | | | | 1103 | | | | | | | 1303 | | | | |
| Coleshill Parkway (CEH) | d | | 1009 | 1036 | | 1107 | 1136 | | | 1209 | 1236 | | 1307 | 1336 | | | 1409 |
| Nuneaton (NUN) | d | | 1024 | 1051 | | 1124e | 1151 | | | 1224 | 1251 | | 1324e | 1351 | | | 1424 |
| Hinckley (HNK) | d | | 1030 | | | 1130 | | | | 1230 | | | 1330 | | | | 1430 |
| Narborough (NBR) | d | | 1039 | | | 1139 | | | | 1239 | | | 1339 | | | | 1439 |
| South Wigston (SWS) | d | | 1044 | | | 1144 | | | | 1244 | | | | | | | 1444 |
| Leicester (LEI) | a | | 1051 | 1110 | | 1151 | 1210 | | | 1250 | 1310 | | 1351 | 1410 | | | 1451 |
| Leicester (LEI) | d | | | 1112 | | | 1212 | | | | 1312 | | | 1412 | | | |
| Melton Mowbray (MMO) | d | | | 1128 | | | 1228 | | | | 1328 | | | 1428 | | | |
| Oakham (OKM) | d | | | 1140 | | | 1240 | | | | 1340 | | | 1440 | | | |
| Stamford (SMD) | d | | | 1154 | | | 1254 | | | | 1354 | | | 1454 | | | |
| Peterborough (PBO) | 8 a | 1139 | | 1207 | 1241 | | 1307 | 1337 | | | 1407 | 1440 | | 1507 | 1541 | | |
| Peterborough (PBO) | 8 d | 1141 | 1150 | 1216 | 1244 | | 1316 | 1339 | 1350 | 1416 | 1441 | | 1516 | 1546 | 1550 | | |
| March (MCH) | a | | 1209 | 1231 | | | 1331 | | 1409 | 1431 | | | 1531 | | 1609 | | |
| Ely (ELY) | 4 a | 1213 | 1231 | 1250 | 1319 | | 1349 | 1412 | 1431 | 1449 | 1514 | | 1549 | 1619 | 1631 | | |
| Cambridge (CBG) | a | | | 1306 | | | 1405 | | | 1505 | | | 1605 | | | | |
| Stansted Airport (SSD) | ← a | | | 1341 | | | 1441 | | | 1541 | | | 1641 | | | | |
| Bury St Edmunds (BSE) | a | | 1259 | | | | | | 1459 | | | | | | | | 1659 |
| Stowmarket (SMK) | a | | 1315 | | | | | | 1515 | | | | | | | | 1715 |
| Ipswich (IPS) | a | | 1327 | | | | | | 1529 | | | | | | | | 1728 |
| Thetford (TTF) | a | 1238 | | | 1343 | | | 1437 | | | | 1540 | | | 1643 | | |
| Norwich (NRW) | a | 1310 | | | 1414 | | | 1510 | | | | 1610 | | | 1714 | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 3 minutes earlier

F Also calls at Hunts Cross 0759 and Birchwood 0818

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Saturdays

| Operator | XC | XC | XC | EM | LE | XC | XC | EM | XC | XC | EM | LE | XC | XC | XC | XC | EM |
|--|------|------|-------|------|------|------|------|------|-------|------|------|------|-------|------|------|------|------|
| Train ID | 1L44 | 1K19 | 1L46 | 1L13 | 2L81 | 1K21 | 1L48 | 1L14 | 1K23 | 1L50 | 1L15 | 2L83 | 1K25 | 1L52 | 1K27 | 1L54 | 1L17 |
| Days of operation/Notes | 1 | 1 | 1 | | | 1 | 1 | G | 1 | 1 | H | J | 1 | 1 | 1 | 1 | K |
| 1st Class/Reservations/Bus Catering facilities | 1 | 1 | 1 | | | 1 | 1 | | 1 | 1 | | | 1 | 1 | 1 | 1 | |
| Liverpool Lime Street (LIV) | 10 d | | | 1352 | | | | 1452 | | | 1552 | | | | | | 1752 |
| Liverpool South Parkway (LPY) | 7 d | | | 1402 | | | | 1502 | | | 1602 | | | | | | 1802 |
| Widnes (WID) | d | | | 1410 | | | | 1510 | | | 1610 | | | | | | 1810 |
| Warrington Central (WAC) | d | | | 1418 | | | | 1518 | | | 1618 | | | | | | 1818 |
| Manchester Oxford Road (MCO) | d | | | 1438 | | | | 1538 | | | 1638 | | | | | | 1838 |
| Manchester Piccadilly (MAN) | 10 d | | | 1442 | | | | 1542 | | | 1642 | | | | | | 1842 |
| Stockport (SPT) | d | | | 1455 | | | | 1555 | | | 1653 | | | | | | 1855 |
| Sheffield (SHF) | 7 a | | | 1535 | | | | 1635 | | | 1736 | | | | | | 1935 |
| Sheffield (SHF) | 7 d | | | 1540 | | | | 1640 | | | 1741 | | | | | | 1940 |
| Chesterfield (CHD) | d | | | 1554 | | | | 1656 | | | 1757 | | | | | | 1955 |
| Alfreton (ALF) | d | | | 1605 | | | | 1707 | | | 1808 | | | | | | 2006 |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | | | |
| Nottingham (NOT) | 8 a | | | 1625 | | | | 1728 | | | 1829 | | | | | | 2026 |
| Nottingham (NOT) | 8 d | | | 1636 | | | | 1738 | | | 1838 | | | | | | 2036 |
| Grantham (GRA) | 7 d | | | 1712 | | | | 1813 | | | 1910 | | | | | | 2108 |
| Birmingham New Street (BHM) | 12 d | 1422 | 1452 | 1522 | | 1552 | 1622 | | 1652 | 1722 | | | 1752 | 1822 | 1852 | 1922 | |
| Water Orton (WTO) | d | | 1503 | | | | | | 1703 | | | | | | | | |
| Coleshill Parkway (CEH) | d | 1436 | 1507 | 1536 | | 1609 | 1636 | | 1707 | 1736 | | | 1806 | 1836 | 1906 | 1936 | |
| Nuneaton (NUN) | d | 1451 | 1524e | 1551 | | 1624 | 1651 | | 1724e | 1751 | | | 1824c | 1851 | 1921 | 1951 | |
| Hinckley (HNK) | d | | 1530 | | | 1630 | | | 1730 | | | | 1830 | | 1928 | | |
| Narborough (NBR) | d | | 1539 | | | 1639 | | | 1739 | | | | 1839 | | 1936 | | |
| South Wigston (SWS) | d | | 1544 | | | 1644 | | | | | | | 1844 | | 1942 | | |
| Leicester (LEI) | a | 1510 | 1551 | 1610 | | 1651 | 1710 | | 1749 | 1810 | | | 1850 | 1910 | 1950 | 2010 | |
| Leicester (LEI) | d | 1512 | | 1612 | | | 1712 | | | 1812 | | | | | | 1912 | 2012 |
| Melton Mowbray (MMO) | d | 1528 | | 1628 | | | 1728 | | | 1828 | | | | | | 1928 | 2028 |
| Oakham (OKM) | d | 1540 | | 1640 | | | 1740 | | | 1840 | | | | | | 1940 | 2040 |
| Stamford (SMD) | d | 1554 | | 1654 | | | 1754 | | | 1854 | | | | | | 1954 | 2054 |
| Peterborough (PBO) | 8 a | 1607 | | 1707 | 1740 | | 1807 | 1841 | | 1907 | 1939 | | | | | 2007 | 2107 |
| Peterborough (PBO) | 8 d | 1616 | | 1716 | 1745 | 1750 | 1816 | 1845 | | 1916 | 1941 | 1950 | | | | 2016 | 2116 |
| March (MCH) | a | 1631 | | 1734 | 1809 | | 1831 | 1900 | | 1931 | | 2009 | | | | 2031 | 2131 |
| Ely (ELY) | 4 a | 1649 | | 1756 | 1819 | 1831 | 1849 | 1919 | | 1949 | 2014 | 2032 | | | | 2049 | 2149 |
| Cambridge (CBG) | a | 1705 | | 1815 | | | 1905 | | | 2005 | | | | | | 2105 | 2205 |
| Stansted Airport (SSD) | 4 a | 1741 | | 1852 | | | 1941 | | | 2041 | | | | | | 2141 | 2241 |
| Bury St Edmunds (BSE) | a | | | | 1859 | | | | | | | 2059 | | | | | |
| Stowmarket (SMK) | a | | | | 1915 | | | | | | | 2115 | | | | | |
| Ipswich (IPS) | a | | | | 1927 | | | | | | | 2127 | | | | | |
| Thetford (TTF) | a | | | 1843 | | | | 1943 | | | 2039 | | | | | | 2238 |
| Norwich (NRW) | a | | | 1917 | | | | 2013 | | | 2109 | | | | | | 2313 |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 4 minutes earlier
- e Arrives 3 minutes earlier

- G Also calls at Dronfield 1650, Bingham 1752 and Aslockton 1756
- H Also calls at Chinley 1708, Dore & Totley 1728 and Dronfield 1751
- J To Colchester, see table 12
- K Also calls at Attleborough 2252 and Wymondham 2259

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Saturdays

| Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus | LE 2L85 J | XC 1K29 | XC 1L56 | XC 1K31 | XC 1K33 |
|---|-----------------|------------|------------|------------|------------|
| Liverpool Lime Street (LIV) | 10 d | | | | |
| Liverpool South Parkway (LPY) | ← 7 d | | | | |
| Widnes (WID) | d | | | | |
| Warrington Central (WAC) | d | | | | |
| Manchester Oxford Road (MCO) | d | | | | |
| Manchester Piccadilly (MAN) | 10 d | | | | |
| Stockport (SPT) | d | | | | |
| Sheffield (SHF) | 7 a | | | | |
| Sheffield (SHF) | 7 d | | | | |
| Chesterfield (CHD) | d | | | | |
| Alfreton (ALF) | d | | | | |
| Langley Mill (LGM) | d | | | | |
| Ilkeston (ILN) | d | | | | |
| Nottingham (NOT) | 8 a | | | | |
| Nottingham (NOT) | 8 d | | | | |
| Grantham (GRA) | 7 d | | | | |
| Birmingham New Street (BHM) | 12 d | | 1952 | 2022 | 2052 2222 |
| Water Orton (WTO) | d | | 2003 | | |
| Coleshill Parkway (CEH) | d | | 2007 | 2036 | 2106 2236 |
| Nuneaton (NUN) | d | | 2024e | 2051 | 2124c 2251 |
| Hinckley (HNK) | d | | 2030 | | 2130 2258 |
| Narborough (NBR) | d | | 2039 | | 2139 2306 |
| South Wigston (SWS) | d | | 2044 | | 2144 2311 |
| Leicester (LEI) | a | | 2051 | 2110 | 2150 2318 |
| Leicester (LEI) | d | | | 2112 | |
| Melton Mowbray (MMO) | d | | | 2128 | |
| Oakham (OKM) | d | | | 2140 | |
| Stamford (SMD) | d | | | 2154 | |
| Peterborough (PBO) | 8 a | | | 2207 | |
| Peterborough (PBO) | 8 d | 2147 | | 2214 | |
| March (MCH) | a | 2206 | | 2229 | |
| Ely (ELY) | 4 a | 2227 | | 2248 | |
| Cambridge (CBG) | a | | | 2304 | |
| Stansted Airport (SSD) | ← a | | | | |
| Bury St Edmunds (BSE) | a | 2255 | | | |
| Stowmarket (SMK) | a | 2311 | | | |
| Ipswich (IPS) | a | 2323 | | | |
| Thetford (TTF) | a | | | | |
| Norwich (NRW) | a | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 4 minutes earlier
- e Arrives 3 minutes earlier

J To Colchester, see table 12

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Sundays

| Operator | EM | XC | LE | EM | XC | XC | EM | LE | XC | XC | EM | XC | XC | LE | EM | XC | XC |
|--|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Train ID | 1L06 | 1K09 | 2L75 | 1L07 | 1K11 | 1L38 | 1L08 | 2L77 | 1K13 | 1L40 | 1L09 | 1K15 | 1L42 | 2L79 | 1L10 | 1K17 | 1L44 |
| Days of operation/Notes 1st Class/Reservations/Bus Catering facilities | A | ◇ | | | ◇ | ◇ | B | | ◇ | ◇ | | ◇ | ◇ | | | ◇ | ◇ |
| Liverpool Lime Street (LIV) | 10 d | | | | | | | | | | | | | | | | |
| Liverpool South Parkway (LPY) | 7 d | | | | | | | | | | | | | | | | |
| Widnes (WID) | d | | | | | | | | | | | | | | | | |
| Warrington Central (WAC) | d | | | | | | | | | | | | | | | | |
| Manchester Oxford Road (MCO) | d | | | | | | | | | | | | | | | | |
| Manchester Piccadilly (MAN) | 10 d | | | | | | | | | | | | | | 1243 | | |
| Stockport (SPT) | d | | | | | | | | | | | | | | 1255 | | |
| Sheffield (SHF) | 7 a | | | | | | | | | | | | | | 1337 | | |
| Sheffield (SHF) | 7 d | | | 1045 | | | 1145 | | | | 1245 | | | | 1345 | | |
| Chesterfield (CHD) | d | | | 1100 | | | 1200 | | | | 1259 | | | | 1359 | | |
| Alfreton (ALF) | d | | | 1110 | | | 1210 | | | | 1310 | | | | 1409 | | |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | 1419 | | |
| Nottingham (NOT) | 8 a | | | 1131 | | | 1235 | | | | 1330 | | | | 1434 | | |
| Nottingham (NOT) | 8 d | 0920 | | 1142 | | | 1244 | | | | 1344 | | | | 1444 | | |
| Grantham (GRA) | 7 d | 0952 | | 1218 | | | 1316 | | | | 1421 | | | | 1519 | | |
| Birmingham New Street (BHM) | 12 d | | 0952 | | 1052 | 1122 | | | 1152 | 1222 | | 1252 | 1322 | | | 1352 | 1422 |
| Water Orton (WTO) | d | | | | 1106 | 1136 | | | 1206 | 1236 | | 1306 | 1336 | | | 1406 | 1436 |
| Coleshill Parkway (CEH) | d | | 1006 | | 1121 | 1151 | | | 1221 | 1251 | | 1321 | 1351 | | | 1421 | 1451 |
| Nuneaton (NUN) | d | | 1021 | | 1128 | | | | 1228 | | | 1328 | | | | 1428 | |
| Hinckley (HNK) | d | | 1028 | | 1136 | | | | 1236 | | | 1336 | | | | 1436 | |
| Narborough (NBR) | d | | 1036 | | 1141 | | | | 1241 | | | | | | | 1441 | |
| South Wigston (SWS) | d | | 1041 | | 1148 | 1210 | | | 1248 | 1316 | | 1346 | 1415 | | | 1448 | 1515 |
| Leicester (LEI) | a | | 1048 | | | | | | | | | | | | | | |
| Leicester (LEI) | d | | | | | 1212 | | | | 1318 | | | 1416 | | | | 1516 |
| Melton Mowbray (MMO) | d | | | | | 1228 | | | | 1334 | | | 1433 | | | | 1533 |
| Oakham (OKM) | d | | | | | 1240 | | | | 1346 | | | 1444 | | | | 1544 |
| Stamford (SMD) | d | | | | | 1254 | | | | 1400 | | | 1458 | | | | 1558 |
| Peterborough (PBO) | 8 a | 1017 | | 1246 | | 1307 | 1342 | | | 1413 | 1451 | | 1512 | | 1550 | | 1613 |
| Peterborough (PBO) | 8 d | 1019 | | 1144 | 1251 | 1319 | 1343 | 1350 | | 1419 | 1452 | | 1519 | 1544 | 1556 | | 1619 |
| March (MCH) | a | 1035 | | 1203 | | 1334 | | 1409 | | 1434 | | | 1534 | 1603 | | | 1634 |
| Ely (ELY) | 4 a | 1053 | | 1225 | 1325 | 1352 | 1416 | 1431 | | 1452 | 1525 | | 1552 | 1625 | 1631 | | 1652 |
| Cambridge (CBG) | a | | | | | 1408 | | | | 1509 | | | 1608 | | | | 1709 |
| Stansted Airport (SSD) | ← a | | | | | 1445 | | | | 1545 | | | 1645 | | | | 1745 |
| Bury St Edmunds (BSE) | a | | | 1256 | | | | 1459 | | | | | | 1656 | | | |
| Stowmarket (SMK) | a | | | 1312 | | | | 1515 | | | | | | 1712 | | | |
| Ipswich (IPS) | a | | | 1325 | | | | 1528 | | | | | | 1725 | | | |
| Thetford (TTF) | a | 1122 | | 1353 | | | 1444 | | | | 1549 | | | | 1655 | | |
| Norwich (NRW) | a | 1158 | | 1424 | | | 1523 | | | | 1623 | | | | 1725 | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A Also calls at Brandon 1113, Attleborough 1136 and Wymondham 1143
B Also calls at Brandon 1436, Attleborough 1458 and Wymondham 1508

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Sundays

| Operator | EM | XC | XC | LE | EM | XC | XC | EM | XC | XC | LE | EM | XC | XC | XC | XC | EM | |
|-------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Train ID | 1L11 | 1K19 | 1L46 | 2L81 | 1L12 | 1K21 | 1L48 | 1L13 | 1K23 | 1L50 | 2L83 | 1L14 | 1K25 | 1L52 | 1K27 | 1L54 | 1L16 | |
| Days of operation/Notes | | | | C | | | | | | | D | E | | | | | F | |
| 1st Class/Reservations/Bus | | 1◇ | 1◇ | | | 1◇ | 1◇ | | 1◇ | 1◇ | | | 1◇ | 1◇ | 1◇ | 1◇ | | |
| Liverpool Lime Street (LIV) | 10 d | 1251 | | | 1351 | | | 1451 | | | | 1551 | | | | | 1751 | |
| Liverpool South Parkway (LPY) | 7 d | 1302 | | | 1402 | | | 1502 | | | | 1602 | | | | | 1802 | |
| Widnes (WID) | d | 1310 | | | 1410 | | | 1510 | | | | 1610 | | | | | 1810 | |
| Warrington Central (WAC) | d | 1318 | | | 1418 | | | 1518 | | | | 1618 | | | | | 1818 | |
| Manchester Oxford Road (MCO) | d | 1339 | | | 1439 | | | 1539 | | | | 1639 | | | | | 1839 | |
| Manchester Piccadilly (MAN) | 10 d | 1343 | | | 1443 | | | 1543 | | | | 1643 | | | | | 1843 | |
| Stockport (SPT) | d | 1353 | | | 1454 | | | 1552 | | | | 1653 | | | | | 1853 | |
| Sheffield (SHF) | 7 a | 1437 | | | 1537 | | | 1639 | | | | 1733 | | | | | 1934 | |
| Sheffield (SHF) | 7 d | 1441 | | | 1544 | | | 1643 | | | | 1739 | | | | | 1937 | |
| Chesterfield (CHD) | d | 1455 | | | 1558 | | | 1657 | | | | 1753 | | | | | 1952 | |
| Alfreton (ALF) | d | 1508 | | | 1609 | | | 1708 | | | | 1804 | | | | | 2002 | |
| Langley Mill (LGM) | d | 1515 | | | 1616 | | | 1715 | | | | 1811 | | | | | 2010 | |
| Ilkeston (ILN) | d | | | | | | | | | | | 1816 | | | | | | |
| Nottingham (NOT) | 8 a | 1531 | | | 1635 | | | 1731 | | | | 1829 | | | | | 2025 | |
| Nottingham (NOT) | 8 d | 1540 | | | 1643 | | | 1742 | | | | 1847 | | | | | 2039 | |
| Grantham (GRA) | 7 d | 1615 | | | 1716 | | | 1817 | | | | 1921 | | | | | 2113 | |
| Birmingham New Street (BHM) | 12 d | | 1452 | 1522 | | | 1552 | 1622 | | 1652 | 1722 | | | 1752 | 1822 | 1852 | 1922 | |
| Water Orton (WTO) | d | | | | | | | | | | | | | | | | | |
| Coleshill Parkway (CEH) | d | | 1506 | 1536 | | | 1606 | 1636 | | 1706 | 1736 | | | 1806 | 1836 | 1906 | 1936 | |
| Nuneaton (NUN) | d | | 1521 | 1551 | | | 1621 | 1651 | | 1721 | 1751 | | | 1821 | 1851 | 1921 | 1951 | |
| Hinckley (HNK) | d | | 1528 | | | | 1628 | | | 1728 | | | | 1828 | | 1928 | | |
| Narborough (NBR) | d | | 1536 | | | | 1636 | | | 1736 | | | | 1836 | | 1936 | | |
| South Wigston (SWS) | d | | 1541 | | | | 1641 | | | 1741 | | | | 1841 | | 1941 | | |
| Leicester (LEI) | a | | 1550 | 1615 | | | 1648 | 1713 | | 1750 | 1810 | | | 1851 | 1910 | 1951 | 2011 | |
| Leicester (LEI) | d | | | 1616 | | | | 1714 | | | | 1812 | | | 1912 | | 2012 | |
| Melton Mowbray (MMO) | d | | | 1633 | | | | 1730 | | | | 1828 | | | 1928 | | 2028 | |
| Oakham (OKM) | d | | | 1644 | | | | 1742 | | | | 1840 | | | 1940 | | 2040 | |
| Stamford (SMD) | d | | | 1658 | | | | 1756 | | | | 1854 | | | 1954 | | 2054 | |
| Peterborough (PBO) | 8 a | 1644 | | 1712 | | 1751 | | 1809 | 1846 | | 1907 | | 1954 | | 2007 | | 2108 | 2142 |
| Peterborough (PBO) | 8 d | 1651 | | 1719 | 1741 | 1755 | | 1819 | 1850 | | 1919 | 1945 | 1956 | | 2019 | | 2119 | 2143 |
| March (MCH) | a | | | 1734 | 1800 | 1810 | | 1834 | | | 1934 | 2003 | | | 2034 | | 2134 | |
| Ely (ELY) | 4 a | 1724 | | 1752 | 1822 | 1831 | | 1852 | 1923 | | 1952 | 2025 | 2031 | | 2052 | | 2152 | 2216 |
| Cambridge (CBG) | a | | | 1808 | | | | 1909 | | | 2008 | | | | 2108 | | 2208 | |
| Stansted Airport (SSD) | 4 a | | | 1845 | | | | 1945 | | | 2045 | | | | 2145 | | 2245 | |
| Bury St Edmunds (BSE) | a | | | | 1856 | | | | | | | 2055 | | | | | | |
| Stowmarket (SMK) | a | | | | 1912 | | | | | | | 2111 | | | | | | |
| Ipswich (IPS) | a | | | | 1925 | | | | | | | 2125 | | | | | | |
| Thetford (TTF) | a | 1749 | | | | 1855 | | | 1951 | | | | 2055 | | | | 2240 | |
| Norwich (NRW) | a | 1823 | | | | 1925 | | | 2024 | | | | 2132 | | | | 2317 | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

C To Colchester, see table 12
D To Colchester, see table 11
E Also calls at Attleborough 2109 and Wymondham 2116
F Also calls at Attleborough 2254 and Wymondham 2301

Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich

Sundays

| Operator | XC | XC | XC | XC |
|-------------------------------|-------|------|------|-----------|
| Train ID | 1K29 | 1L56 | 1K31 | 1M85 |
| Days of operation/Notes | | | | G |
| 1st Class/Reservations/Bus | 1◇ | 1◇ | 1◇ | 1◇ |
| Liverpool Lime Street (LIV) | 10 d | | | |
| Liverpool South Parkway (LPY) | ← 7 d | | | |
| Widnes (WID) | d | | | |
| Warrington Central (WAC) | d | | | |
| Manchester Oxford Road (MCO) | d | | | |
| Manchester Piccadilly (MAN) | 10 d | | | |
| Stockport (SPT) | d | | | |
| Sheffield (SHF) | 7 a | | | |
| Sheffield (SHF) | 7 d | | | |
| Chesterfield (CHD) | d | | | |
| Alfreton (ALF) | d | | | |
| Langley Mill (LGM) | d | | | |
| Ilkeston (ILN) | d | | | |
| Nottingham (NOT) | 8 a | | | |
| Nottingham (NOT) | 8 d | | | |
| Grantham (GRA) | 7 d | | | |
| Birmingham New Street (BHM) | 12 d | 1952 | 2022 | 2052 2152 |
| Water Orton (WTO) | d | | | |
| Coleshill Parkway (CEH) | d | 2006 | 2036 | 2106 2206 |
| Nuneaton (NUN) | d | 2021 | 2051 | 2121 2221 |
| Hinckley (HNK) | d | 2028 | | 2128 2228 |
| Narborough (NBR) | d | 2036 | | 2136 2236 |
| South Wigston (SWS) | d | 2041 | | 2141 2241 |
| Leicester (LEI) | a | 2051 | 2110 | 2150 2248 |
| Leicester (LEI) | d | | 2112 | |
| Melton Mowbray (MMO) | d | | 2128 | |
| Oakham (OKM) | d | | 2140 | |
| Stamford (SMD) | d | | 2154 | |
| Peterborough (PBO) | 8 a | | 2207 | |
| Peterborough (PBO) | 8 d | | 2217 | |
| March (MCH) | a | | 2232 | |
| Ely (ELY) | 4 a | | 2250 | |
| Cambridge (CBG) | a | | 2306 | |
| Stansted Airport (SSD) | ← a | | | |
| Bury St Edmunds (BSE) | a | | | |
| Stowmarket (SMK) | a | | | |
| Ipswich (IPS) | a | | | |
| Thetford (TTF) | a | | | |
| Norwich (NRW) | a | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

G From Cardiff Central, see table 132

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Mondays to Fridays

| Operator | XC | XC | XC | XC | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC |
|-------------------------------|-------|------|------|-------|------|------|------|------|------|------|-------|-------|------|-------|------|------|------|
| Train ID | 1P00 | 1P02 | 1N40 | 1P04 | 1N41 | 1G09 | 1R60 | 1P06 | 2E70 | 1N43 | 1R62 | 1P08 | 1N45 | 1R64 | 1P10 | 2E72 | 1N47 |
| Days of operation/Notes | 1◇ | 1◇ | 1◇ | 1◇ | 1◇ | 1◇ | A | 1◇ | B | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ |
| 1st Class/Reservations/Bus | 1◇ | 1◇ | 1◇ | 1◇ | 1◇ | 1◇ | | 1◇ | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ |
| Norwich (NRW) | d | | | | | | 0549 | | | | 0651 | | | 0755 | | | |
| Thetford (TTF) | d | | | | | | 0623 | | | | 0719 | | | 0824 | | | |
| Ipswich (IPS) | d | | | | | | | | 0600 | | | | | | | 0801 | |
| Stowmarket (SMK) | d | | | | | | | | 0612 | | | | | | | 0812 | |
| Bury St Edmunds (BSE) | d | | | | | | | | 0629 | | | | | | | 0830 | |
| Stansted Airport (SSD) | ← d | | | | 0527 | | | | | 0612 | | | 0721 | | | | 0821 |
| Cambridge (CBG) | d | | 0515 | | 0557 | | | | | 0657 | | | 0800 | | | | 0900 |
| Ely (ELY) | 4 d | | 0530 | | 0612 | | 0649 | | 0658 | 0712 | 0744 | | 0815 | 0852 | | 0859 | 0915 |
| March (MCH) | d | | 0546 | | 0630 | | 0705 | | 0716 | 0728 | 0801 | | 0833 | 0908 | | 0918 | 0931 |
| Peterborough (PBO) | 8 a | | 0608 | | 0652 | | 0723 | | 0738 | 0750 | 0823 | | 0851 | 0926 | | 0940 | 0949 |
| Peterborough (PBO) | 8 d | | 0610 | | 0654 | | 0724 | | | 0754 | 0825 | | 0854 | 0927 | | | 0954 |
| Stamford (SMD) | d | | 0623 | | 0707 | | | | | 0807 | | | 0907 | | | | 1007 |
| Oakham (OKM) | d | | 0637 | | 0721 | | | | | 0821 | | | 0921 | | | | 1021 |
| Melton Mowbray (MMO) | d | | 0648 | | 0732 | | | | | 0832 | | | 0932 | | | | 1032 |
| Leicester (LEI) | a | | 0705 | | 0749 | | | | | 0849 | | | 0949 | | | | 1049 |
| Leicester (LEI) | d | 0618 | 0648 | 0706 | 0722 | 0750 | | 0818 | | 0850 | | 0915 | 0950 | | 1018 | | 1050 |
| South Wigston (SWS) | d | 0624 | 0654 | | 0728 | 0756 | | | | | | | | | 1024 | | |
| Narborough (NBR) | d | 0629 | 0659 | | 0733 | 0801 | | 0828 | | | | 0925 | | | 1029 | | |
| Hinckley (HNK) | d | 0638 | 0708 | | 0742 | 0809 | | 0837 | | | | 0933 | | | 1038 | | |
| Nuneaton (NUN) | d | 0645 | 0715 | 0729e | 0748 | 0816 | | 0844 | | 0909 | | 0943f | 1009 | | 1045 | | 1109 |
| Coleshill Parkway (CEH) | d | 0700 | 0730 | 0745 | 0803 | 0831 | | 0900 | | 0925 | | 0958 | 1025 | | 1100 | | 1125 |
| Water Orton (WTO) | d | | 0734 | | 0807 | | 0844 | | | | | 1002 | | | | | |
| Birmingham New Street (BHM) | 12 a | 0714 | 0745 | 0758 | 0818 | 0845 | 0855 | 0915 | | 0938 | | 1015 | 1038 | | 1114 | | 1138 |
| Grantham (GRA) | 7 d | | | | | | 0754 | | | | 0859g | | | 0959f | | | |
| Nottingham (NOT) | 8 a | | | | | | 0835 | | | | 0935 | | | 1031 | | | |
| Nottingham (NOT) | 8 d | | | | | | 0845 | | | | 0944 | | | 1047 | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | | | |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Alfreton (ALF) | d | | | | | | 0908 | | | | 1008 | | | 1108 | | | |
| Chesterfield (CHD) | d | | | | | | 0920 | | | | 1021 | | | 1121 | | | |
| Sheffield (SHF) | 7 a | | | | | | 0937 | | | | 1037 | | | 1137 | | | |
| Sheffield (SHF) | 7 d | | | | | | 0943 | | | | 1043 | | | 1143 | | | |
| Stockport (SPT) | a | | | | | | 1025 | | | | 1125 | | | 1225 | | | |
| Manchester Piccadilly (MAN) | 10 a | | | | | | 1037 | | | | 1137 | | | 1237 | | | |
| Manchester Oxford Road (MCO) | a | | | | | | 1041 | | | | 1141 | | | 1241 | | | |
| Warrington Central (WAC) | a | | | | | | 1058 | | | | 1158 | | | 1258 | | | |
| Widnes (WID) | a | | | | | | 1106 | | | | 1206 | | | 1306 | | | |
| Liverpool South Parkway (LPY) | ← 7 a | | | | | | 1115 | | | | 1215 | | | 1315 | | | |
| Liverpool Lime Street (LIV) | 10 a | | | | | | 1132 | | | | 1232 | | | 1332 | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 5 minutes earlier
- f Arrives 4 minutes earlier
- g Arrives 8 minutes earlier

- A Also calls at Wymondham 0601, Attleborough 0609, Bottesford 0808, Aslockton 0814, Bingham 0818 and Radcliffe (Notts) 0825
- B From Colchester, see table 12

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Mondays to Fridays

| Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities | EM | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM | XC | XC |
|--|-------|------|------|------|-------|------|------|------|-------|------|------|------|------|-------|-----------|------|-------|
| | 1R66 | 1P12 | 1N49 | 1R68 | 1P14 | 2E74 | 1N51 | 1R70 | 1P16 | 1N53 | 1R72 | 1P18 | 2E76 | 1N55 | 1R74 C | 1P20 | 1N57 |
| | | 1◇ | 1◇ | | 1◇ | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ | | 1◇ | 1◇ |
| Norwich (NRW) | d | 0856 | | | 0955 | | | | 1057 | | | | | | | 1257 | |
| Thetford (TTF) | d | 0923 | | | 1023 | | | | 1124 | | | | | | | 1324 | |
| Ipswich (IPS) | d | | | | | | 1001 | | | | | | 1156 | | | | |
| Stowmarket (SMK) | d | | | | | | 1012 | | | | | | 1207 | | | | |
| Bury St Edmunds (BSE) | d | | | | | | 1029 | | | | | | 1228 | | | | |
| Stansted Airport (SSD) | ← d | | | 0921 | | | 1027 | | | | 1127 | | | | 1227 | | 1327 |
| Cambridge (CBG) | d | | | 1000 | | | 1100 | | | | 1200 | | | | 1300 | | 1400 |
| Ely (ELY) | 4 d | 0953 | | 1015 | 1051 | | 1058 | 1115 | 1151 | | 1215 | 1250 | | 1300 | 1315 | 1350 | 1415 |
| March (MCH) | d | | | 1032 | | | 1117 | 1131 | 1207 | | 1232 | | | 1318 | 1331 | | 1431 |
| Peterborough (PBO) | 8 a | 1026 | | 1050 | 1125 | | 1139 | 1149 | 1225 | | 1249 | 1324 | | 1340 | 1349 | 1424 | 1449 |
| Peterborough (PBO) | 8 d | 1027 | | 1054 | 1126 | | | 1154 | 1226 | | 1254 | 1326 | | | 1354 | 1426 | 1454 |
| Stamford (SMD) | d | | | 1107 | | | | 1207 | | | 1307 | | | | 1407 | | 1507 |
| Oakham (OKM) | d | | | 1121 | | | | 1221 | | | 1321 | | | | 1421 | | 1521 |
| Melton Mowbray (MMO) | d | | | 1132 | | | | 1232 | | | 1332 | | | | 1432 | | 1532 |
| Leicester (LEI) | a | | | 1149 | | | | 1249 | | | 1349 | | | | 1449 | | 1549 |
| Leicester (LEI) | d | | 1118 | 1150 | | | 1218 | | | 1318 | 1350 | | | 1418 | | 1450 | 1518 |
| South Wigston (SWS) | d | | | | | | 1224 | | | | | | | 1424 | | | 1550 |
| Narborough (NBR) | d | | 1128 | | | | 1229 | | | 1328 | | | | 1429 | | | 1528 |
| Hinckley (HNK) | d | | 1136 | | | | 1238 | | | 1336 | | | | 1438 | | | 1536 |
| Nuneaton (NUN) | d | | 1143 | 1209 | | | 1245 | | 1309 | 1343 | 1409 | | | 1445 | | 1509 | 1543 |
| Coleshill Parkway (CEH) | d | | 1158 | 1225 | | | 1300 | | 1325 | 1358 | 1425 | | | 1500 | | 1525 | 1558 |
| Water Orton (WTO) | d | | | 1202 | | | | | | 1402 | | | | | | | 1602 |
| Birmingham New Street (BHM) | 12 a | | 1214 | 1238 | | | 1314 | | 1338 | 1414 | 1438 | | | 1515 | | 1538 | 1614 |
| Grantham (GRA) | 7 d | 1100 | | | 1159c | | | | 1300c | | | | | 1359f | | | 1459f |
| Nottingham (NOT) | 8 a | 1134 | | | 1231 | | | | 1334 | | | | | 1431 | | | 1534 |
| Nottingham (NOT) | 8 d | 1147 | | | 1245 | | | | 1345 | | | | | 1445 | | | 1547 |
| Ilkeston (ILN) | d | | | | 1300 | | | | | | | | | | | | 1600 |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Alfreton (ALF) | d | 1209 | | | 1310 | | | | 1408 | | | | | 1508 | | | 1610 |
| Chesterfield (CHD) | d | 1221 | | | 1321 | | | | 1420 | | | | | 1521 | | | 1621 |
| Sheffield (SHF) | 7 a | 1236 | | | 1337 | | | | 1435 | | | | | 1537 | | | 1637 |
| Sheffield (SHF) | 7 d | 1243 | | | 1343 | | | | 1440 | | | | | 1543 | | | 1643 |
| Stockport (SPT) | a | 1325 | | | 1425 | | | | 1525 | | | | | 1625 | | | 1725 |
| Manchester Piccadilly (MAN) | 10 a | 1337 | | | 1437 | | | | 1537 | | | | | 1637 | | | 1737 |
| Manchester Oxford Road (MCO) | a | 1341 | | | 1441 | | | | 1541 | | | | | 1640 | | | 1741 |
| Warrington Central (WAC) | a | 1358 | | | 1458 | | | | 1558 | | | | | 1658 | | | 1803 |
| Widnes (WID) | a | 1406 | | | 1506 | | | | 1606 | | | | | 1706 | | | 1811 |
| Liverpool South Parkway (LPY) | ← 7 a | 1415 | | | 1515 | | | | 1615 | | | | | 1715 | | | 1822 |
| Liverpool Lime Street (LIV) | 10 a | 1432 | | | 1532 | | | | 1632 | | | | | 1732 | | | 1838 |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier
- f Arrives 4 minutes earlier
- C Also calls at Birchwood 1755

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Mondays to Fridays

| Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE |
|--|-----------|-----------|------|-----------|-----------|-----------|-----------|-----------|-----------|------|-----------|-----------|-----------|-----------|-----------|-----------|------|
| | 1R76 D | 1P22 D | 2E78 | 1N59 D | 1R78 D | 1P24 D | 1N61 D | 1R80 E | 1P26 D | 2E80 | 1N63 D | 1M82 F | 1P28 D | 1N65 D | 1R84 G | 1V17 H | 2E82 |
| Norwich (NRW) | d | 1356 | | | 1457 | | | 1548 | | | | 1656 | | | 1750 | | |
| Thetford (TTF) | d | 1423 | | | 1524 | | | 1623 | | | | 1727 | | | 1824 | | |
| Ipswich (IPS) | d | | 1358 | | | | | | | 1600 | | | | | | | 1742 |
| Stowmarket (SMK) | d | | 1409 | | | | | | | 1612 | | | | | | | 1755 |
| Bury St Edmunds (BSE) | d | | 1428 | | | | | | | 1629 | | | | | | | 1825 |
| Stansted Airport (SSD) | ← d | | | 1427 | | | 1527 | | | | 1627 | | | 1727 | | | |
| Cambridge (CBG) | d | | | 1500 | | | 1600 | | | | 1700 | | | 1800 | | | |
| Ely (ELY) | 4 d | 1450 | | 1459 | 1515 | 1551 | 1615 | 1649 | | 1659 | 1715 | 1753 | | 1815 | 1852 | | 1858 |
| March (MCH) | d | | 1517 | 1531 | | | 1633 | | | 1717 | 1731 | | | 1833 | 1912 | | 1917 |
| Peterborough (PBO) | 8 a | 1523 | | 1540 | 1549 | 1625 | 1651 | 1722 | | 1739 | 1749 | 1825 | | 1851 | 1929 | | 1939 |
| Peterborough (PBO) | 8 d | 1524 | | 1554 | 1627 | | 1654 | 1724 | | | 1754 | 1829 | | 1854 | 1931 | | |
| Stamford (SMD) | d | | | 1607 | | | 1707 | | | | 1807 | | | 1907 | | | |
| Oakham (OKM) | d | | | 1621 | | | 1721 | | | | 1821 | | | 1921 | | | |
| Melton Mowbray (MMO) | d | | | 1632 | | | 1732 | | | | 1832 | | | 1932 | | | |
| Leicester (LEI) | a | | | 1649 | | | 1749 | | | | 1849 | | | 1949 | | | |
| Leicester (LEI) | d | | 1618 | 1650 | | 1718 | 1750 | | 1818 | | 1850 | | 1918 | 1950 | | | 2018 |
| South Wigston (SWS) | d | | 1624 | | | 1724 | 1756 | | 1824 | | | | 1924 | | | | 2024 |
| Narborough (NBR) | d | | 1629 | | | 1729 | 1801 | | 1829 | | | | 1929 | | | | 2029 |
| Hinckley (HNK) | d | | 1638 | | | 1738 | 1809 | | 1838 | | | | 1938 | | | | 2038 |
| Nuneaton (NUN) | d | | 1646 | 1709 | | 1745 | 1816 | | 1845 | | 1909 | | 1945 | 2009 | | | 2045 |
| Coleshill Parkway (CEH) | d | | 1701 | 1725 | | 1800 | 1831 | | 1900 | | 1925 | | 2000 | 2025 | | | 2100 |
| Water Orton (WTO) | d | | | | | | | | | | | | | | | | |
| Birmingham New Street (BHM) | 12 a | | 1715 | 1738 | | 1814 | 1845 | | 1915 | | 1938 | | 2014 | 2038 | | | 2115 |
| Grantham (GRA) | 7 d | 1601g | | | 1659 | | | 1759c | | | | 1856 | | | 2005h | | |
| Nottingham (NOT) | 8 a | 1630 | | | 1730 | | | 1831 | | | | 1931 | | | 2034 | | |
| Nottingham (NOT) | 8 d | 1645 | | | 1747 | | | 1846 | | | | 1937 | | | 2036 | | |
| Ilkeston (ILN) | d | | | | | | | 1859 | | | | | | | | | |
| Langley Mill (LGM) | d | | | | 1803 | | | | | | | | | | 2052 | | |
| Alfreton (ALF) | d | 1709 | | | 1811 | | | 1909 | | | | 1958 | | | 2100 | | |
| Chesterfield (CHD) | d | 1720 | | | 1821 | | | 1920 | | | | 2008 | | | 2110 | | |
| Sheffield (SHF) | 7 a | 1735 | | | 1836 | | | 1938 | | | | 2023 | | | 2137 | | |
| Sheffield (SHF) | 7 d | 1740 | | | 1841 | | | 1943 | | | | 2031 | | | | | |
| Stockport (SPT) | a | 1825 | | | 1924 | | | 2025 | | | | 2123 | | | | | |
| Manchester Piccadilly (MAN) | 10 a | 1837 | | | 1937 | | | 2037 | | | | 2140 | | | | | |
| Manchester Oxford Road (MCO) | a | 1841 | | | 1941 | | | 2041 | | | | | | | | | |
| Warrington Central (WAC) | a | 1858 | | | 1958 | | | 2058 | | | | | | | | | |
| Widnes (WID) | a | 1906 | | | 2006 | | | 2106 | | | | | | | | | |
| Liverpool South Parkway (LPY) | ← 7 a | 1920 | | | 2017 | | | 2118 | | | | | | | | | |
| Liverpool Lime Street (LIV) | 10 a | 1936 | | | 2035 | | | 2135 | | | | | | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier
- g Arrives 8 minutes earlier
- h Arrives 6 minutes earlier

- D Also calls at Hunts Cross 1913
- E Also calls at Attleborough 1605, Eccles Road 1610 and Harling Road 1614
- F Also calls at Wymondham 1709 and Bingham 1915
- G Also calls at Wymondham 1803 and Attleborough 1810
- H To Gloucester, see table 132

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Mondays to Fridays

| Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus | XC | XC | EM | XC | LE | EM | XC | XC |
|---|-------|------|-----------|------|------|------|------|------|
| | 1N67 | 1P32 | 2K32 J | 1N69 | 2E84 | 1R88 | 1P34 | 1N71 |
| Norwich (NRW) | d | | | | | 2008 | | |
| Thetford (TTF) | d | | | | | 2035 | | |
| Ipswich (IPS) | d | | | | 2001 | | | |
| Stowmarket (SMK) | d | | | | 2013 | | | |
| Bury St Edmunds (BSE) | d | | | | 2030 | | | |
| Stansted Airport (SSD) | ← d | 1821 | | 1921 | | | | 2021 |
| Cambridge (CBG) | d | 1900 | | 2000 | | | | 2102 |
| Ely (ELY) | 4 d | 1915 | | 2015 | 2100 | 2103 | | 2117 |
| March (MCH) | d | 1931 | | 2031 | 2118 | | | 2134 |
| Peterborough (PBO) | 8 a | 1949 | | 2049 | 2139 | 2143 | | 2151 |
| Peterborough (PBO) | 8 d | 1954 | | 2012 | 2054 | 2148 | | 2200 |
| Stamford (SMD) | d | 2007 | | 2028 | 2107 | | | 2213 |
| Oakham (OKM) | d | 2021 | | 2043 | 2121 | | | 2227 |
| Melton Mowbray (MMO) | d | 2032 | | 2056 | 2132 | | | 2238 |
| Leicester (LEI) | a | 2049 | | 2117 | 2149 | | | 2255 |
| Leicester (LEI) | d | 2050 | 2118 | 2130 | 2150 | | 2227 | 2256 |
| South Wigston (SWS) | d | | 2124 | | | | 2233 | |
| Narborough (NBR) | d | | 2129 | | | | 2238 | |
| Hinckley (HNK) | d | | 2138 | | | | 2247 | |
| Nuneaton (NUN) | d | 2109 | 2145 | | 2209 | | 2253 | 2315 |
| Coleshill Parkway (CEH) | d | 2125 | 2200 | | 2225 | | 2309 | 2331 |
| Water Orton (WTO) | d | | | | | | | |
| Birmingham New Street (BHM) | 12 a | 2138 | 2214 | | 2238 | | 2322 | 2344 |
| Grantham (GRA) | 7 d | | | | | 2218 | | |
| Nottingham (NOT) | 8 a | | | 2227 | | 2253 | | |
| Nottingham (NOT) | 8 d | | | | | | | |
| Ilkeston (ILN) | d | | | | | | | |
| Langley Mill (LGM) | d | | | | | | | |
| Alfreton (ALF) | d | | | | | | | |
| Chesterfield (CHD) | d | | | | | | | |
| Sheffield (SHF) | 7 a | | | | | | | |
| Sheffield (SHF) | 7 d | | | | | | | |
| Stockport (SPT) | a | | | | | | | |
| Manchester Piccadilly (MAN) | 10 a | | | | | | | |
| Manchester Oxford Road (MCO) | a | | | | | | | |
| Warrington Central (WAC) | a | | | | | | | |
| Widnes (WID) | a | | | | | | | |
| Liverpool South Parkway (LPY) | ← 7 a | | | | | | | |
| Liverpool Lime Street (LIV) | 10 a | | | | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

J Also calls at Syston 2137, Sileby 2142, Barrow Upon Soar 2146, Loughborough 2151, East Midlands Parkway 2210, Attenborough 2216 and Beeston 2219

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Saturdays

| Operator | XC | XC | XC | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM |
|---|-------|------|------|-------|------|-------|------|------|------|------|------|------|------|------|------|------|------|
| Train ID | 1P00 | 1P02 | 1N40 | 1N41 | 1G96 | 1R60 | 1P06 | 2E70 | 1N43 | 1R62 | 1P08 | 1N45 | 1R64 | 1P10 | 2E72 | 1N47 | 1R66 |
| Days of operation/Notes 1st Class/Reservations/Bus | 1◇ | 1◇ | 1◇ | 1◇ | 1◇ | A | 1◇ | B | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ | |
| Norwich (NRW) | d | | | | | 0548 | | | | 0651 | | | 0755 | | | | 0854 |
| Thetford (TTF) | d | | | | | 0622 | | | | 0719 | | | 0823 | | | | 0922 |
| Ipswich (IPS) | d | | | | | | | 0600 | | | | | | | 0758 | | |
| Stowmarket (SMK) | d | | | | | | | 0612 | | | | | | | 0809 | | |
| Bury St Edmunds (BSE) | d | | | | | | | 0629 | | | | | | | 0827 | | |
| Stansted Airport (SSD) | ← d | | | 0527 | | | | | 0627 | | | 0727 | | | | 0827 | |
| Cambridge (CBG) | d | | 0515 | 0557 | | | | | 0658 | | | 0800 | | | | 0900 | |
| Ely (ELY) | 4 d | | 0530 | 0612 | | 0651 | | 0658 | 0713 | 0748 | | 0815 | 0848 | | 0858 | 0915 | 0947 |
| March (MCH) | d | | 0546 | 0630 | | 0707 | | 0717 | 0729 | 0805 | | 0831 | 0905 | | 0917 | 0931 | |
| Peterborough (PBO) | 8 a | | 0608 | 0652 | | 0725 | | 0739 | 0751 | 0827 | | 0849 | 0922 | | 0939 | 0949 | 1021 |
| Peterborough (PBO) | 8 d | | 0610 | 0654 | | 0727 | | | 0754 | 0830 | | 0854 | 0928 | | | 0954 | 1022 |
| Stamford (SMD) | d | | 0623 | 0707 | | | | | 0807 | | | 0907 | | | | 1007 | |
| Oakham (OKM) | d | | 0637 | 0721 | | | | | 0821 | | | 0921 | | | | 1021 | |
| Melton Mowbray (MMO) | d | | 0648 | 0732 | | | | | 0832 | | | 0932 | | | | 1032 | |
| Leicester (LEI) | a | | 0705 | 0749 | | | | | 0849 | | | 0949 | | | | 1049 | |
| Leicester (LEI) | d | 0548 | 0648 | 0708 | 0750 | | | 0817 | | 0850 | | 0918 | 0950 | | 1018 | | 1050 |
| South Wigston (SWS) | d | 0554 | 0654 | | | | | 0823 | | | | | | | 1024 | | |
| Narborough (NBR) | d | 0559 | 0659 | | | | | 0828 | | | | 0928 | | | 1029 | | |
| Hinckley (HNK) | d | 0608 | 0708 | | | | | 0837 | | | | 0936 | | | 1038 | | |
| Nuneaton (NUN) | d | 0615 | 0715 | 0730e | 0809 | | | 0845 | | 0909 | | 0943 | 1009 | | 1045 | | 1109 |
| Coleshill Parkway (CEH) | d | 0630 | 0730 | 0747 | 0825 | | | 0900 | | 0925 | | 0958 | 1025 | | 1100 | | 1125 |
| Water Orton (WTO) | d | | 0736 | | | 0844 | | | | | | 1002 | | | | | |
| Birmingham New Street (BHM) | 12 a | 0645 | 0747 | 0803 | 0838 | 0855 | | 0914 | | 0938 | | 1015 | 1038 | | 1115 | | 1138 |
| Grantham (GRA) | 7 d | | | | | 0800f | | | | 0900 | | | 0957 | | | | 1055 |
| Nottingham (NOT) | 8 a | | | | | 0839 | | | | 0935 | | | 1035 | | | | 1134 |
| Nottingham (NOT) | 8 d | | | | | 0845 | | | | 0947 | | | 1044 | | | | 1144 |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | | | |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Alfreton (ALF) | d | | | | | 0908 | | | | 1008 | | | 1108 | | | | 1208 |
| Chesterfield (CHD) | d | | | | | 0920 | | | | 1020 | | | 1123 | | | | 1223 |
| Sheffield (SHF) | 7 a | | | | | 0937 | | | | 1037 | | | 1138 | | | | 1241 |
| Sheffield (SHF) | 7 d | | | | | 0943 | | | | 1043 | | | 1143 | | | | 1244 |
| Stockport (SPT) | a | | | | | 1025 | | | | 1125 | | | 1225 | | | | 1325 |
| Manchester Piccadilly (MAN) | 10 a | | | | | 1037 | | | | 1137 | | | 1237 | | | | 1337 |
| Manchester Oxford Road (MCO) | a | | | | | 1041 | | | | 1141 | | | 1241 | | | | 1341 |
| Warrington Central (WAC) | a | | | | | 1058 | | | | 1158 | | | 1258 | | | | 1358 |
| Widnes (WID) | a | | | | | 1106 | | | | 1206 | | | 1306 | | | | 1406 |
| Liverpool South Parkway (LPY) | ← 7 a | | | | | 1115 | | | | 1215 | | | 1315 | | | | 1415 |
| Liverpool Lime Street (LIV) | 10 a | | | | | 1132 | | | | 1232 | | | 1332 | | | | 1432 |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier
- f Arrives 5 minutes earlier

A Also calls at Wymondham 0600, Attleborough 0608, Bottesford 0811, Aslockton 0817, Bingham 0822, Radcliffe (Notts) 0827 and Netherfield 0832

B From Colchester, see table 12

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Saturdays

| Operator | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM |
|--|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Train ID | 1P12 | 1N49 | 1R68 | 1P14 | 2E74 | 1N51 | 1R70 | 1P16 | 1N53 | 1R72 | 1P18 | 2E76 | 1N55 | 1R74 | 1P20 | 1N57 | 1R76 |
| Days of operation/Notes | 1◇ | 1◇ | | 1◇ | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ | C | 1◇ | 1◇ | D |
| 1st Class/Reservations/Bus Catering facilities | | | | | | ⚡ | | | ⚡ | | | | ⚡ | | | ⚡ | |
| Norwich (NRW) | d | | 0954 | | | | 1055 | | | 1155 | | | | 1255 | | | 1353 |
| Thetford (TTF) | d | | 1022 | | | | 1123 | | | 1223 | | | | 1323 | | | 1421 |
| Ipswich (IPS) | d | | | | 0958 | | | | | | | 1200 | | | | | |
| Stowmarket (SMK) | d | | | | 1009 | | | | | | | 1211 | | | | | |
| Bury St Edmunds (BSE) | d | | | | 1027 | | | | | | | 1229 | | | | | |
| Stansted Airport (SSD) | ← d | 0927 | | | 1027 | | | | 1127 | | | | 1227 | | | 1327 | |
| Cambridge (CBG) | d | 1000 | | | 1100 | | | | 1200 | | | | 1300 | | | 1400 | |
| Ely (ELY) | 4 d | 1015 | 1048 | | 1058 | 1115 | 1148 | | 1215 | 1251 | | 1259 | 1315 | 1348 | | 1415 | 1450 |
| March (MCH) | d | 1031 | | | 1117 | 1131 | 1206 | | 1231 | | | 1317 | 1331 | | | 1431 | |
| Peterborough (PBO) | 8 a | 1049 | 1121 | | 1139 | 1149 | 1223 | | 1249 | 1326 | | 1339 | 1349 | 1425 | | 1449 | 1523 |
| Peterborough (PBO) | 8 d | 1054 | 1124 | | 1154 | 1226 | | 1254 | 1328 | | | 1354 | 1426 | | | 1454 | 1525 |
| Stamford (SMD) | d | 1107 | | | 1207 | | | | 1307 | | | 1407 | | | | 1507 | |
| Oakham (OKM) | d | 1121 | | | 1221 | | | | 1321 | | | 1421 | | | | 1521 | |
| Melton Mowbray (MMO) | d | 1132 | | | 1232 | | | | 1332 | | | 1432 | | | | 1532 | |
| Leicester (LEI) | a | 1149 | | | 1249 | | | | 1349 | | | 1449 | | | | 1549 | |
| Leicester (LEI) | d | 1118 | 1150 | | 1218 | | 1318 | 1350 | | | 1418 | | 1450 | | 1518 | 1550 | |
| South Wigston (SWS) | d | | | | 1224 | | | | | | 1424 | | | | | | |
| Narborough (NBR) | d | 1128 | | | 1229 | | | 1328 | | | 1429 | | | | 1528 | | |
| Hinckley (HNK) | d | 1136 | | | 1238 | | | 1336 | | | 1438 | | | | 1536 | | |
| Nuneaton (NUN) | d | 1143 | 1209 | | 1245 | | 1309 | 1343 | 1409 | | 1445 | | 1509 | | 1543 | 1609 | |
| Coleshill Parkway (CEH) | d | 1158 | 1225 | | 1300 | | 1325 | 1358 | 1425 | | 1500 | | 1525 | | 1558 | 1625 | |
| Water Orton (WTO) | d | 1202 | | | | | | 1402 | | | | | | | 1602 | | |
| Birmingham New Street (BHM) | 12 a | 1215 | 1238 | | 1315 | | 1338 | | 1415 | 1438 | | 1515 | | 1538 | | 1615 | 1638 |
| Grantham (GRA) | 7 d | | 1156 | | | | 1259 | | | 1358 | | | | 1459 | | | 1557 |
| Nottingham (NOT) | 8 a | | 1234 | | | | 1334 | | | 1432 | | | | 1534 | | | 1638 |
| Nottingham (NOT) | 8 d | | 1247 | | | | 1345 | | | 1447 | | | | 1544 | | | 1649 |
| Ilkeston (ILN) | d | | 1300 | | | | | | | | | | | 1600 | | | 1702 |
| Langley Mill (LGM) | d | | | | | | | | | | | | | | | | |
| Alfreton (ALF) | d | | 1310 | | | | 1408 | | | 1508 | | | | 1610 | | | 1712 |
| Chesterfield (CHD) | d | | 1323 | | | | 1421 | | | 1520 | | | | 1621 | | | 1723 |
| Sheffield (SHF) | 7 a | | 1339 | | | | 1440 | | | 1538 | | | | 1638 | | | 1741 |
| Sheffield (SHF) | 7 d | | 1344 | | | | 1444 | | | 1543 | | | | 1644 | | | 1745 |
| Stockport (SPT) | a | | 1425 | | | | 1525 | | | 1625 | | | | 1725 | | | 1826 |
| Manchester Piccadilly (MAN) | 10 a | | 1437 | | | | 1537 | | | 1637 | | | | 1737 | | | 1837 |
| Manchester Oxford Road (MCO) | a | | 1441 | | | | 1541 | | | 1640 | | | | 1741 | | | 1841 |
| Warrington Central (WAC) | a | | 1458 | | | | 1558 | | | 1658 | | | | 1803 | | | 1858 |
| Widnes (WID) | a | | 1506 | | | | 1606 | | | 1706 | | | | 1811 | | | 1906 |
| Liverpool South Parkway (LPY) | ← 7 a | | 1515 | | | | 1615 | | | 1715 | | | | 1822 | | | 1920 |
| Liverpool Lime Street (LIV) | 10 a | | 1532 | | | | 1632 | | | 1732 | | | | 1838 | | | 1936 |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

- C Also calls at Irlam 1752 and Birchwood 1758
D Also calls at Hunts Cross 1913

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Saturdays

| Operator | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC |
|--|-------|------|------|------|------|------|------|------|------|------|-------|------|------|-------|------|------|------|
| Train ID | 1P22 | 2E78 | 1N59 | 1R78 | 1P24 | 1N61 | 1R80 | 1P26 | 2E80 | 1N63 | 1M82 | 1P28 | 1N65 | 1R84 | 1P30 | 2E82 | 1N67 |
| Days of operation/Notes | 1◇ | | 1◇ | | 1◇ | 1◇ | E | 1◇ | | 1◇ | F | 1◇ | 1◇ | G | 1◇ | | 1◇ |
| 1st Class/Reservations/Bus Catering facilities | 1◇ | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ |
| Norwich (NRW) | d | | | 1455 | | | 1552 | | | | 1654 | | | 1750 | | | |
| Thetford (TTF) | d | | | 1523 | | | 1623 | | | | 1724 | | | 1823 | | | |
| Ipswich (IPS) | d | 1402 | | | | | | | 1558 | | | | | | | 1758 | |
| Stowmarket (SMK) | d | 1412 | | | | | | | 1609 | | | | | | | 1809 | |
| Bury St Edmunds (BSE) | d | 1429 | | | | | | | 1628 | | | | | | | 1828 | |
| Stansted Airport (SSD) | ← d | | 1427 | | | 1527 | | | | 1627 | | | 1727 | | | | 1827 |
| Cambridge (CBG) | d | | 1500 | | | 1600 | | | | 1700 | | | 1800 | | | | 1900 |
| Ely (ELY) | 4 d | 1458 | 1515 | 1548 | | 1615 | 1648 | | 1658 | 1715 | 1750 | | 1815 | 1849 | | 1858 | 1915 |
| March (MCH) | d | 1517 | 1531 | | | 1631 | | | 1717 | 1731 | | | 1833 | 1906 | | 1917 | 1931 |
| Peterborough (PBO) | 8 a | 1539 | 1549 | 1625 | | 1649 | 1723 | | 1739 | 1749 | 1824 | | 1851 | 1924 | | 1939 | 1949 |
| Peterborough (PBO) | 8 d | | 1554 | 1627 | | 1654 | 1725 | | | 1754 | 1828 | | 1854 | 1928 | | | 1954 |
| Stamford (SMD) | d | | 1607 | | | 1707 | | | | 1807 | | | 1907 | | | | 2007 |
| Oakham (OKM) | d | | 1621 | | | 1721 | | | | 1821 | | | 1921 | | | | 2021 |
| Melton Mowbray (MMO) | d | | 1632 | | | 1732 | | | | 1832 | | | 1932 | | | | 2032 |
| Leicester (LEI) | a | | 1649 | | | 1749 | | | | 1849 | | | 1949 | | | | 2049 |
| Leicester (LEI) | d | 1618 | | 1650 | | 1718 | 1750 | | 1818 | | 1850 | | 1918 | 1950 | | 2018 | 2050 |
| South Wigston (SWS) | d | 1624 | | | | 1724 | | | 1824 | | | | 1924 | | | 2024 | |
| Narborough (NBR) | d | 1629 | | | | 1729 | | | 1829 | | | | 1929 | | | 2029 | |
| Hinckley (HNK) | d | 1638 | | | | 1738 | | | 1838 | | | | 1938 | | | 2038 | |
| Nuneaton (NUN) | d | 1645 | | 1709 | | 1745 | 1809 | | 1845 | | 1909 | | 1945 | 2009 | | 2045 | 2109 |
| Coleshill Parkway (CEH) | d | 1700 | | 1725 | | 1800 | 1825 | | 1900 | | 1925 | | 2000 | 2025 | | 2100 | 2125 |
| Water Orton (WTO) | d | | | | | | | | | | | | | | | | |
| Birmingham New Street (BHM) | 12 a | 1715 | | 1738 | | 1815 | 1838 | | 1915 | | 1938 | | 2014 | 2038 | | 2114 | 2138 |
| Grantham (GRA) | 7 d | | | 1659 | | | 1759 | | | | 1859c | | | 1957c | | | |
| Nottingham (NOT) | 8 a | | | 1734 | | | 1831 | | | | 1931 | | | 2035 | | | |
| Nottingham (NOT) | 8 d | | | 1744 | | | 1845 | | | | 1936 | | | 2039 | | | |
| Ilkeston (ILN) | d | | | | | | 1858 | | | | 1950 | | | | | | |
| Langley Mill (LGM) | d | | | 1800 | | | | | | | | | | 2055 | | | |
| Alfreton (ALF) | d | | | 1808 | | | 1908 | | | | 2001 | | | 2103 | | | |
| Chesterfield (CHD) | d | | | 1821 | | | 1923 | | | | 2013 | | | 2113 | | | |
| Sheffield (SHF) | 7 a | | | 1839 | | | 1938 | | | | 2029 | | | 2136 | | | |
| Sheffield (SHF) | 7 d | | | 1844 | | | 1943 | | | | 2034 | | | | | | |
| Stockport (SPT) | a | | | 1926 | | | 2025 | | | | 2119 | | | | | | |
| Manchester Piccadilly (MAN) | 10 a | | | 1937 | | | 2037 | | | | 2134 | | | | | | |
| Manchester Oxford Road (MCO) | a | | | 1941 | | | 2041 | | | | | | | | | | |
| Warrington Central (WAC) | a | | | 1958 | | | 2058 | | | | | | | | | | |
| Widnes (WID) | a | | | 2006 | | | 2106 | | | | | | | | | | |
| Liverpool South Parkway (LPY) | ← 7 a | | | 2019 | | | 2119 | | | | | | | | | | |
| Liverpool Lime Street (LIV) | 10 a | | | 2035 | | | 2135 | | | | | | | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

- E Also calls at Attleborough 1609
- F Also calls at Wymondham 1706 and Bingham 1916
- G Also calls at Wymondham 1802 and Attleborough 1809

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Saturdays

| | Operator | XC | XC | LE | EM | XC |
|-------------------------------|----------|------|------|------|-------|------|
| 1st Class/Reservations/Bus | Train ID | 1P32 | 1N69 | 2E84 | 1R88 | 1P34 |
| | | 1◇ | 1◇ | | | 1◇ |
| Norwich (NRW) | d | | | | 2012 | |
| Thetford (TTF) | d | | | | 2040 | |
| Ipswich (IPS) | d | | | 2000 | | |
| Stowmarket (SMK) | d | | | 2011 | | |
| Bury St Edmunds (BSE) | d | | | 2028 | | |
| Stansted Airport (SSD) | ← d | | 1927 | | | |
| Cambridge (CBG) | d | | 2000 | | | |
| Ely (ELY) | 4 d | | 2015 | 2058 | 2107 | |
| March (MCH) | d | | 2031 | 2116 | | |
| Peterborough (PBO) | 8 a | | 2049 | 2138 | 2142 | |
| Peterborough (PBO) | 8 d | | 2054 | | 2149 | |
| Stamford (SMD) | d | | 2107 | | | |
| Oakham (OKM) | d | | 2121 | | | |
| Melton Mowbray (MMO) | d | | 2132 | | | |
| Leicester (LEI) | a | | 2149 | | | |
| Leicester (LEI) | d | 2118 | 2150 | | | 2220 |
| South Wigston (SWS) | d | 2124 | | | | 2226 |
| Narborough (NBR) | d | 2129 | | | | 2231 |
| Hinckley (HNK) | d | 2138 | | | | 2240 |
| Nuneaton (NUN) | d | 2145 | 2209 | | | 2246 |
| Coleshill Parkway (CEH) | d | 2200 | 2225 | | | 2302 |
| Water Orton (WTO) | d | | | | | |
| Birmingham New Street (BHM) | 12 a | 2214 | 2238 | | | 2315 |
| Grantham (GRA) | 7 d | | | | 2226f | |
| Nottingham (NOT) | 8 a | | | | 2301 | |
| Nottingham (NOT) | 8 d | | | | | |
| Ilkeston (ILN) | d | | | | | |
| Langley Mill (LGM) | d | | | | | |
| Alfreton (ALF) | d | | | | | |
| Chesterfield (CHD) | d | | | | | |
| Sheffield (SHF) | 7 a | | | | | |
| Sheffield (SHF) | 7 d | | | | | |
| Stockport (SPT) | a | | | | | |
| Manchester Piccadilly (MAN) | 10 a | | | | | |
| Manchester Oxford Road (MCO) | a | | | | | |
| Warrington Central (WAC) | a | | | | | |
| Widnes (WID) | a | | | | | |
| Liverpool South Parkway (LPY) | ← 7 a | | | | | |
| Liverpool Lime Street (LIV) | 10 a | | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- f Arrives 5 minutes earlier

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Sundays

| Operator | EM | XC | XC | XC | LE | XC | EM | XC | XC | XC | LE | XC | XC | EM | XC | EM | XC |
|-------------------------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|-------|
| Train ID | 1R56 | 1P00 | 1P12 | 1P14 | 2E74 | 1N51 | 1R58 | 1P16 | 1N53 | 1P18 | 2E76 | 1N55 | 1P20 | 1R62 | 1N57 | 1R64 | 1P22 |
| Days of operation/Notes | | 1◇ | 1◇ | 1◇ | A | 1◇ | | 1◇ | 1◇ | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ |
| 1st Class/Reservations/Bus | | | | | | | | | | | | | | | | | |
| Norwich (NRW) | d | 0955 | | | | | 1056 | | | | | | | | | 1347 | |
| Thetford (TTF) | d | 1022 | | | | | 1125 | | | | | | | | | 1414 | |
| Ipswich (IPS) | d | | | | 0955 | | | | | | 1155 | | | | | | |
| Stowmarket (SMK) | d | | | | 1006 | | | | | | 1207 | | | | | | |
| Bury St Edmunds (BSE) | d | | | | 1023 | | | | | | 1225 | | | | | | |
| Stansted Airport (SSD) | ← d | | | | | 1027 | | | 1127 | | | 1227 | | | 1327 | | |
| Cambridge (CBG) | d | | | | | 1100 | | | 1200 | | | 1300 | | | 1400 | | |
| Ely (ELY) | 4 d | 1048 | | | 1052 | 1115 | 1150 | | 1215 | | 1254 | 1315 | | | 1415 | 1442 | |
| March (MCH) | d | | | | 1110 | 1131 | | | 1231 | | 1312 | 1331 | | | 1431 | | |
| Peterborough (PBO) | 8 a | 1120 | | | 1132 | 1149 | 1223 | | 1249 | | 1334 | 1349 | | | 1449 | 1514 | |
| Peterborough (PBO) | 8 d | 1121 | | | | 1154 | 1225 | | 1254 | | | 1354 | | 1436 | 1454 | 1523 | |
| Stamford (SMD) | d | | | | | 1207 | | | 1307 | | | 1407 | | | 1507 | | |
| Oakham (OKM) | d | | | | | 1221 | | | 1321 | | | 1421 | | | 1521 | | |
| Melton Mowbray (MMO) | d | | | | | 1232 | | | 1332 | | | 1432 | | | 1532 | | |
| Leicester (LEI) | a | | | | | 1249 | | | 1349 | | | 1449 | | | 1549 | | |
| Leicester (LEI) | d | | 1020 | 1120 | 1220 | | 1250 | | 1320 | 1350 | 1420 | | 1450 | 1520 | | 1550 | |
| South Wigston (SWS) | d | | | | 1226 | | | | | | 1426 | | | | | | 1626 |
| Narborough (NBR) | d | | | | 1231 | | | | 1330 | | 1431 | | | 1530 | | | 1631 |
| Hinckley (HNK) | d | | 1038 | 1138 | 1240 | | | | 1338 | | 1440 | | | 1538 | | | 1640 |
| Nuneaton (NUN) | d | | 1046 | 1146 | 1246 | | 1309 | | 1346 | 1409 | 1446 | | 1509 | 1546 | | 1609 | 1646 |
| Coleshill Parkway (CEH) | d | | 1102 | 1202 | 1302 | | 1325 | | 1402 | 1425 | 1502 | | 1525 | 1602 | | 1625 | 1702 |
| Water Orton (WTO) | d | | | | | | | | | | | | | | | | |
| Birmingham New Street (BHM) | 12 a | | 1115 | 1215 | 1315 | | 1339 | | 1415 | 1439 | 1515 | | 1539 | 1615 | | 1639 | 1715 |
| Grantham (GRA) | 7 d | 1156 | | | | | 1258 | | | | | | | | 1508 | | 1603c |
| Nottingham (NOT) | 8 a | 1225 | | | | | 1327 | | | | | | | | 1539 | | 1632 |
| Nottingham (NOT) | 8 d | 1240 | | | | | 1340 | | | | | | | | 1544 | | 1642 |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | | | 1657 |
| Langley Mill (LGM) | d | 1257 | | | | | 1356 | | | | | | | | 1601 | | 1703 |
| Alfreton (ALF) | d | 1305 | | | | | 1404 | | | | | | | | 1609 | | 1711 |
| Chesterfield (CHD) | d | 1317 | | | | | 1416 | | | | | | | | 1619 | | 1722 |
| Sheffield (SHF) | 7 a | 1333 | | | | | 1432 | | | | | | | | 1636 | | 1738 |
| Sheffield (SHF) | 7 d | 1338 | | | | | 1437 | | | | | | | | 1639 | | 1744 |
| Stockport (SPT) | a | 1424 | | | | | 1525 | | | | | | | | 1725 | | 1826 |
| Manchester Piccadilly (MAN) | 10 a | 1438 | | | | | 1536 | | | | | | | | 1737 | | 1837 |
| Manchester Oxford Road (MCO) | a | 1441 | | | | | 1539 | | | | | | | | 1741 | | 1841 |
| Warrington Central (WAC) | a | 1458 | | | | | 1557 | | | | | | | | 1758 | | 1858 |
| Widnes (WID) | a | 1506 | | | | | 1605 | | | | | | | | 1806 | | 1906 |
| Liverpool South Parkway (LPY) | ← 7 a | 1516 | | | | | 1615 | | | | | | | | 1816 | | 1916 |
| Liverpool Lime Street (LIV) | 10 a | 1535 | | | | | 1634 | | | | | | | | 1834 | | 1934 |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 10 minutes earlier
- A From Colchester, see table 12

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Sundays

| Operator | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM | XC | XC | EM | XC | LE | XC | EM |
|---|------|------|------|------|------|------|-------|------|------|------|------|------|-------|------|------|------|------|
| Train ID | 2E78 | 1N59 | 1R68 | 1P24 | 1N61 | 1M80 | 1P26 | 2E80 | 1N63 | 1M82 | 1P28 | 1N65 | 1R74 | 1P30 | 2E82 | 1N67 | 1R76 |
| 1st Class/Reservations/Bus Catering facilities | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ | | 1◇ | 1◇ | | 1◇ | | 1◇ | |
| Norwich (NRW) | d | | 1453 | | | 1554 | | | | 1654 | | | 1754 | | | | 1856 |
| Thetford (TTF) | d | | 1520 | | | 1621 | | | | 1721 | | | 1821 | | | | 1923 |
| Ipswich (IPS) | d | 1355 | | | | | | 1555 | | | | | | | | | |
| Stowmarket (SMK) | d | 1407 | | | | | | 1607 | | | | | | | 1755 | | |
| Bury St Edmunds (BSE) | d | 1425 | | | | | | 1625 | | | | | | | 1807 | | |
| Stansted Airport (SSD) | ← d | | 1427 | | | 1527 | | | 1627 | | | 1727 | | | | 1827 | |
| Cambridge (CBG) | d | | 1500 | | | 1600 | | | 1700 | | | 1800 | | | | 1900 | |
| Ely (ELY) | 4 d | 1454 | 1515 | 1547 | | 1615 | | 1654 | 1715 | 1749 | | 1815 | 1848 | | 1854 | 1915 | 1949 |
| March (MCH) | d | 1512 | 1531 | 1604 | | 1631 | | 1712 | 1731 | | | 1831 | | | 1912 | 1931 | |
| Peterborough (PBO) | 8 a | 1534 | 1549 | 1621 | | 1649 | 1713 | 1734 | 1749 | 1821 | | 1849 | 1920 | | 1934 | 1949 | 2023 |
| Peterborough (PBO) | 8 d | | 1554 | 1624 | | 1654 | 1720 | | 1754 | 1826 | | 1854 | 1922 | | | 1954 | 2030 |
| Stamford (SMD) | d | | 1607 | | | 1707 | | | 1807 | | | 1907 | | | | 2007 | |
| Oakham (OKM) | d | | 1621 | | | 1721 | | | 1821 | | | 1921 | | | | 2021 | |
| Melton Mowbray (MMO) | d | | 1632 | | | 1732 | | | 1832 | | | 1932 | | | | 2032 | |
| Leicester (LEI) | a | | 1649 | | | 1749 | | | 1849 | | | 1949 | | | | 2049 | |
| Leicester (LEI) | d | | 1650 | | 1720 | 1750 | | 1820 | 1850 | | 1920 | 1950 | | 2020 | | 2050 | |
| South Wigston (SWS) | d | | | | 1726 | | | | | | 1926 | | | 2026 | | | |
| Narborough (NBR) | d | | | | 1731 | | | 1830 | | | 1931 | | | 2031 | | | |
| Hinckley (HNK) | d | | | | 1740 | | | 1838 | | | 1940 | | | 2040 | | | |
| Nuneaton (NUN) | d | | 1709 | | 1746 | 1809 | | 1846 | 1909 | | 1946 | 2009 | | 2046 | | 2109 | |
| Coleshill Parkway (CEH) | d | | 1725 | | 1802 | 1825 | | 1902 | 1925 | | 2002 | 2025 | | 2102 | | 2125 | |
| Water Orton (WTO) | d | | | | | | | | | | | | | | | | |
| Birmingham New Street (BHM) | 12 a | | 1739 | | 1815 | 1839 | | 1915 | 1939 | | 2015 | 2039 | | 2115 | | 2138 | |
| Grantham (GRA) | 7 d | | | 1656 | | | 1800c | | | 1858 | | | 2000e | | | | 2102 |
| Nottingham (NOT) | 8 a | | | 1732 | | | 1830 | | | 1933 | | | 2035 | | | | 2136 |
| Nottingham (NOT) | 8 d | | | 1746 | | | 1848 | | | 1950 | | | | | | | |
| Ilkeston (ILN) | d | | | | | | | | | | | | | | | | |
| Langley Mill (LGM) | d | | | 1802 | | | 1904 | | | | | | | | | | |
| Alfreton (ALF) | d | | | 1810 | | | 1912 | | | 2011 | | | | | | | |
| Chesterfield (CHD) | d | | | 1821 | | | 1923 | | | 2022 | | | | | | | |
| Sheffield (SHF) | 7 a | | | 1837 | | | 1938 | | | 2037 | | | | | | | |
| Sheffield (SHF) | 7 d | | | 1840 | | | 1942 | | | 2041 | | | | | | | |
| Stockport (SPT) | a | | | 1925 | | | 2026 | | | 2124 | | | | | | | |
| Manchester Piccadilly (MAN) | 10 a | | | 1937 | | | 2043 | | | 2139 | | | | | | | |
| Manchester Oxford Road (MCO) | a | | | 1942 | | | | | | | | | | | | | |
| Warrington Central (WAC) | a | | | 1959 | | | | | | | | | | | | | |
| Widnes (WID) | a | | | 2007 | | | | | | | | | | | | | |
| Liverpool South Parkway (LPY) | 7 a | | | 2018 | | | | | | | | | | | | | |
| Liverpool Lime Street (LIV) | 10 a | | | 2035 | | | | | | | | | | | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 10 minutes earlier
- e Arrives 8 minutes earlier

Norwich, Ipswich, Stansted Airport, Cambridge and Ely to Peterborough, Leicester, Birmingham, Nottingham, Sheffield, Manchester and Liverpool

Sundays

| 1st Class/Reservations/Bus | Operator | XC | EM | XC |
|-------------------------------|----------|------|------|------|
| | Train ID | 1N69 | 1R78 | 1P34 |
| | | 1◇ | | 1◇ |
| Norwich (NRW) | d | | 2052 | |
| Thetford (TTF) | d | | 2119 | |
| Ipswich (IPS) | d | | | |
| Stowmarket (SMK) | d | | | |
| Bury St Edmunds (BSE) | d | | | |
| Stansted Airport (SSD) | ← d | 1927 | | |
| Cambridge (CBG) | d | 2000 | | |
| Ely (ELY) | 4 d | 2015 | 2145 | |
| March (MCH) | d | 2031 | | |
| Peterborough (PBO) | 8 a | 2049 | 2217 | |
| Peterborough (PBO) | 8 d | 2054 | 2223 | |
| Stamford (SMD) | d | 2107 | | |
| Oakham (OKM) | d | 2121 | | |
| Melton Mowbray (MMO) | d | 2132 | | |
| Leicester (LEI) | a | 2149 | | |
| Leicester (LEI) | d | 2150 | | 2220 |
| South Wigston (SWS) | d | | | 2226 |
| Narborough (NBR) | d | | | 2231 |
| Hinckley (HNK) | d | | | 2240 |
| Nuneaton (NUN) | d | 2209 | | 2246 |
| Coleshill Parkway (CEH) | d | 2225 | | 2302 |
| Water Orton (WTO) | d | | | |
| Birmingham New Street (BHM) | 12 a | 2238 | | 2315 |
| Grantham (GRA) | 7 d | | 2255 | |
| Nottingham (NOT) | 8 a | | 2329 | |
| Nottingham (NOT) | 8 d | | | |
| Ilkeston (ILN) | d | | | |
| Langley Mill (LGM) | d | | | |
| Alfreton (ALF) | d | | | |
| Chesterfield (CHD) | d | | | |
| Sheffield (SHF) | 7 a | | | |
| Sheffield (SHF) | 7 d | | | |
| Stockport (SPT) | a | | | |
| Manchester Piccadilly (MAN) | 10 a | | | |
| Manchester Oxford Road (MCO) | a | | | |
| Warrington Central (WAC) | a | | | |
| Widnes (WID) | a | | | |
| Liverpool South Parkway (LPY) | ← 7 a | | | |
| Liverpool Lime Street (LIV) | 10 a | | | |

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time